

WAYNE STATE UNIVERSITY

SCHOOL OF SOCIAL WORK

World-Class School

of Social Work



Continuing Education Courses *Now Required for License Renewal*

Licensed social workers who are in their licensure renewal cycle are required to obtain **45 hours of continuing education during their three year renewal cycle** in order to renew their license. Five hours must be in Ethics and one must be in Pain Management.

Wayne State University's School of Social Work is proud to present programs that practitioners can use to develop new skills or strengthen existing skills. Earn social work continuing education contact hours (CE) by attending any of the programs listed in this brochure.

School of Social Work Continuing Education Programs Michigan Social Work CE—Collaborative Approved

WSU MAIN CAMPUS

Friday, October 10

Assessment of Children and Adolescents
(6.0 CE Hours)
Ethical and Legal Issues in Social Work
Supervision
(5.0 CE Hours)

Saturday, October 11

An Introduction to Social Work With Children
(3.0 CE Hours)
Conflict Resolution Strategies for Social Work
Practice (6.0 CE Hours)
Help-Seeking and Help-Giving in Partner Violence
(3.0 CE Hours)

WSU MACOMB CENTER

Saturday, October 18

Strategies to Address Complex
Organizational Issues
(6.0 CE Hours)
Developing Your Leadership Skills
(3.0 CE Hours)

Assessment of Complicated Grief
(3.0 CE Hours)
The Path of Anger (6.0 CE Hours)
A Cognitive-Behavioral Approach to
Pain Management (3.0 CE Hours)

WSU OAKLAND CENTER

Friday, October 24

Integrating New Approaches to Substance
Abuse Treatment (6.0 CE Hours)
Family Therapy Interventions (6.0 CE Hours)
New Conceptions of the Grief and Loss
Experience (3.0 CE Hours)
A Cognitive-Behavioral Approach to
Pain Management (3.0 CE Hours)

Saturday, October 25

Resilience in Youth
(6.0 CE Hours)
Ethical Issues in Private Practice
(5.0 CE Hours)

Wayne State University School of Social Work

WSU Main Campus – Friday, October 10, 2008

Assessment of Children and Adolescents: Behavioral Scales for Differential Diagnosis – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours)

This workshop will address the use of behavioral scales in the assessment of children and adolescents who present with depression, anxiety, Attention Deficit Hyperactivity Disorder and Asperger's Disorder. Attendees will develop perspectives on the diagnostic indicators of these disorders and skill in the administration, scoring and interpretation of several scales, including Child Depression Inventory, Revised Child Manifest Anxiety Scale and the Gilliam Asperger's Disorder Scale. This workshop is appropriate for all levels of social work practice.

Instructor: Charlene McGunn, PhD, MSW has practiced social work for 30 years and is currently employed as a school social worker/Student Assistance Coordinator. She also maintains a clinical practice, working with children, adolescents and adults. She has been a part-time faculty member at the WSU School of Social Work for the past 15 years. Her social work experience includes substantial work in the assessment, diagnosis and treatment of children and adolescents in clinical and school settings.

Ethical and Legal Issues in Social Work Supervision – 9:00 a.m. – 3:00 p.m. (5.0 CE Hours)

This workshop will introduce attendees to both the legal and ethical dimensions important to providing social work supervision. The potential risks and liabilities will be addressed along with recommendations to minimize risks. Ethical and legal issues related to professional boundaries, confidentiality and competence will be covered. Participants will become acquainted with the sections of the NASW Code of Ethics and the Social Work Licensure Law (P.A. 61 of 2004) that affect social work supervision. This workshop is appropriate for all levels of social work practice.

Instructor: Addie Williams, MSW, JD is the CEO of Spaulding for Children. She has substantial experience in social work administration and expertise in the area of child welfare. She also maintains a law practice and serves as a consultant attorney to area agencies regarding foster care and adoption issues. She has been teaching a course on social work and the law at the WSU School of Social Work for the past six years and has conducted workshops on social work ethics and the law.

WSU Main Campus – Saturday, October 11, 2008

An Introduction to Social Work with Children – 1:15 p.m. – 4:30 p.m. (3.0 CE Hours)

This **introductory** workshop is designed for practitioners who are considering expanding their practice skills to include work with children ages 5-12. The workshop will provide social work clinicians with an overview of the knowledge necessary to work with children. Normal development of children ages 5-12 and the most common mental health problems they experience,

including Attention Deficit Disorder, poor school performance and depression, will be presented. Interventions, including behavior contracts and play therapy, also will be presented. The therapist as a parent coach will be explored, including setting realistic expectations for children and using positive reinforcement vs. punishment. Participants will become aware of the importance of a positive relationship with the child's school and will gain an understanding of school-based services, including the basics of special education services in the schools. This workshop is appropriate for intermediate and advanced social work practitioners.

Instructor: Karen Weiner, LMSW, ACSW, C-SSWS has been a school social worker for over 32 years, working at all grade levels. Ms. Weiner has created innovative delivery systems and programs to meet the needs of students, parents and school staff. As a field instructor, she has trained over 60 school social work interns and also provides private consultation. Ms. Weiner is a part-time faculty member at Wayne State University, working as a faculty advisor and teaching several courses including school social work.

Conflict Resolution Strategies for Social Work Practice – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours) NEW

This workshop will explore a number of conflict resolution concepts, strategies, theories and processes. Social psychology, communication and social work literature will be presented and used as a framework to analyze conflicts and to initiate appropriate interventions to a conflictual situation in a range of social work practice settings. This workshop is appropriate for all levels of social work practice.

Instructor: Pauline Everette, PhD, MSW is a part-time faculty member at the WSU School of Social Work with specialized training in mediation and dispute resolution. She has a private psychotherapy practice and consults with numerous community organizations on a range of mental health issues.

Help-Seeking and Help-Giving in Partner Violence: Adults and Adolescents – 9:00 a.m. – 12:15 p.m. (3.0 CE Hours) NEW

Partner violence is a significant social problem and often seen in social work practice. This workshop will inform attendees about current research findings on help-seeking and help-giving for adult and teen survivors of partner violence. The presenter will share findings from her own and that of others. Based on these findings, the workshop will discuss recommendations for assisting survivors. This workshop is appropriate for all levels of social work practice.

Instructor: Arlene N. Weisz, PhD, MSW, LMSW, ACSW is an Associate Professor at the WSU School of Social Work. She has taught courses in family violence and substance abuse theory and practice, and currently teaches family systems theory and intervention. She has 14 years' post-master's clinical experience and has worked with individuals and families in inpatient and outpatient mental health and child welfare settings. Her research focuses primarily on domestic violence, teen dating violence and sexual assault prevention.

CONTINUING EDUCATION CERTIFICATE IN CLINICAL SUPERVISION

The WSU School of Social Work offers a Continuing Education Certificate in Clinical Supervision for social workers who wish to develop their knowledge and skill as providers of clinical supervision. Three continuing education courses comprise the certificate: Ethical and Legal Issues in Social Work Supervision (October 10), Clinical Supervision in Social Work (offered Spring 2008) and Contemporary Trends in Clinical Supervision (postponed until Spring 2009). All three courses will be offered again in Spring 2009.

Wayne State University School of Social Work

WSU Macomb Center – Saturday, October 18, 2008

Strategies to Address Complex Organizational Issues – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours) *NEW*

Social work administration requires specialized knowledge and skill. The purpose of this workshop is to examine commonly occurring administrative/management/supervisory challenges and to provide participants the opportunity to address these. Team building, persuasiveness, “picking battles,” use of consultation, and recruiting and retaining qualified staff are topics which will be covered. This workshop is appropriate for social workers with some administrative experience.

Instructor: Angela Kennedy, MSW is an experienced social work administrator, having run a number of large social welfare agencies in the metropolitan area. She has been a part-time faculty member at the WSU School of Social Work for the past decade and teaches several courses on macro practice at the foundation and advanced years. She has received numerous awards and commendations for her professional activities at the local, regional and state levels.

Developing Your Leadership Skills – 9:00 a.m. – 12:15 p.m. (3.0 CE Hours)

Organizations are only as strong as the people who lead and manage them, whether they are a nonprofit organization or a for-profit company. There is nothing more critical to an organization's success than the development of its leaders, especially today as nonprofits are continually challenged to identify strategies that improve organizational stability. Leaders are needed at all levels of nonprofit organizations. To be an effective leader, it is critical to know yourself, your leadership style and strategies to lead. This workshop is designed for formal and informal leaders who want to develop effective leadership styles and take their leadership to a higher level. This workshop will address the differences in leadership and management, clarify the personal and social skills necessary for effective leadership and identify a range of leadership styles and their efficacy. This workshop is appropriate for intermediate and advanced social work practitioners.

Instructor: Deanna McGraw, MSW, LMSW, ACSW is president of Detroit Executive Corps and an adjunct professor at Lawrence Technological University. She has 25 years experience in program development, fund development, grant writing and agency operations. She is Board Chair of the Executive Service Corps Affiliate Network.

Assessment of Complicated Grief – 1:15 p.m. - 4:30 p.m. (3.0 CE Hours)

Complicated grief reactions result when individuals deny, avoid or repress the pain associated with a loss or the reality of the loss. Social work practitioners often see individuals who are experiencing complicated grief, but present with depressive and/or anxiety symptomatology that appears unrelated to any identifiable loss. The loss experience that resulted in the grief reaction may then go unrecognized and untreated in the therapy. This workshop will present a framework for assessing factors that contribute to the likelihood of a complicated grief reaction. A person-situation perspective will be used to identify risk factors for complicated grief reactions and to identify the real and symbolic dimensions of a loss. Clinical material will be provided to apply

the assessment framework. This workshop is appropriate for intermediate and advanced social work practitioners.

Instructor: Peggy O’Kane Brunhofer, PhD, MSW, LMFT, Assistant Clinical Professor at the WSU School of Social Work is an experienced social work practitioner and social work educator. She currently functions as the Director of Continuing Education at the School and teaches elective courses in Grief and Loss and Social Work Ethics. She maintains a part-time clinical practice with a specialty in the treatment of grief and loss reactions.

The Path of Anger: A Cognitive-Behavioral Approach to Conceptualize and Treat Anger Problems – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours)

The metaphor of a path suggests that anger is the emotional outcome of a series of themes and cognitions that lead the client through a path of negative emotions into the realm of anger, and eventually to the experience of unhealthy or “toxic” anger. This workshop will present key issues in the cognitive-behavioral (CBT) conceptualization and treatment of anger problems. The workshop will review available research in order to assess evidence of the effectiveness of the CBT treatment of anger, as well as gender differences in the experience and expression of anger. The workshop will present a cognitive-theory model to conceptualize anger which identifies common schemas that underscore anger. Key CBT strategies for building a therapeutic alliance and providing effective treatment of anger problems will be discussed. This workshop is appropriate for intermediate and advanced social work practitioners.

Instructor: Antonio Gonzalez-Prendes, PhD, MSW, LMSW is an Assistant Professor at the WSU School of Social Work. Prior to this, he practiced social work in community mental health and outpatient clinical settings. He teaches courses in CBT and substance abuse treatment. His research interests include treatment of anger and anger management. He maintains a part-time clinical practice.

A Cognitive-Behavioral Approach to Pain Management – 9:00 a.m. – 12:15 p.m. (3.0 CE Hours)

This workshop will address methods to treat clients who present with pain management concerns. Compensatory strategies including distraction or other focus, imagery, relaxation, breathing, cognitive restructuring, problem solving, stop thought and replacement, down arrow to core beliefs, competence and pleasure procedures, resiliency reinforcement and exercise will be presented. Professional collaboration issues and relapse prevention will be covered. This workshop is appropriate for all social work practitioners.

Instructor: Paul A. Koonter, ACSW, BCD, LCSW is a part-time faculty member at the WSU School of Social Work, teaching in the Cognitive-Behavioral Theory track to advanced year MSW students. In his 37 years as a social work educator, Mr. Koonter has developed social work courses in Behavioral Therapy and has played a major role in the development of the Cognitive-Behavioral Theory track. Mr. Koonter has more than 25 years experience as a social work practitioner and administrator. He is currently providing pain management in his clinical social work practice. For many years, he wrote articles on stress management, entitled “Pressure Pointers,” which gave practical suggestions for management of stress and pain.

Wayne State University School of Social Work

WSU Oakland Center – Friday, October 24, 2008

Integrating New Approaches to Substance Abuse Treatment (includes one hour of pain management) – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours) NEW

Co-occurring disorders, motivational enhancement, pain management and recovery management are four developments in substance abuse treatment which significantly alter the recommended approach. Many people have attended workshops on these concepts; however, program structure, mandated clientele and practitioner comfort level, make their implementation inconsistent, at best. One purpose of this workshop is to look at ways to integrate these concepts into everyday practice. Whether these concepts can be integrated into a comprehensive model will be discussed. It will also be considered whether a new paradigm for substance abuse treatment is emerging. This will require an understanding of harm reduction, an approach highly discouraged in this country. The presenters will look at ways in which a modified version of harm reduction is present in some of these approaches. The best use of the workshop is for people with some understanding of these concepts.

Instructors: *Dennis Muzzi*, LMSW and *Tammy Domroese*, PsyD have worked in behavioral health for many years, including with impaired health professionals, for almost five years, for Eastwood Clinic - Eastpointe site. This program works with health professionals that have had addiction challenges for at least two, and sometimes four or five, years. This long-term perspective has provided the presenters a unique view of recovery over time. The population also includes a large number of health professionals who struggle with chronic pain, some as a result of their work. The presenters have used this to begin a chronic pain support and therapy group, the results of which they will share at this workshop.

Family Therapy Interventions – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours)

This workshop is designed to develop the knowledge and skill base of practitioners in the use of interventions based on family systems theory. Individual and relational problems will be explored using a variety of family therapy techniques, applicable to work with children, adolescents and adults. Traditional family therapy theories and post-modern theories and approaches will be presented. The workshop will present some ideas for integrating several theoretical approaches. The content of the workshop is appropriate for beginning practitioners or those who have limited knowledge of the topic.

Instructor: *David Castine*, LMSW, LMFT has been teaching family therapy at the WSU School of Social Work for the past 15 years. He has 30 years of clinical social work experience in inpatient and outpatient mental health settings, working with children and adults, and families and couples. David is an approved AAMFT supervisor.

New Conceptions of the Grief and Loss Experience – 9:00 a.m. – 12:15 p.m. (3.0 CE Hours)

Recent research has identified the grief experience as a process, one characterized by phases, not discrete stages. This workshop will present the phase model and include discussion of the psychosocial, cognitive, behavioral and physical characteristics seen in bereaved individuals as well as methods to assist the bereaved. The importance of the concept of the ‘continuing bond’ and the

significance of ‘meaning making’ during the treatment process will be addressed. This workshop is appropriate for all levels of practitioners, particularly those who are unfamiliar with the topic.

Instructor: *Peggy O’Kane Brunhofer*, PhD, MSW, LMFT (See Assessment of Complicated Grief, October 18 for instructor bio.)

A Cognitive-Behavioral Approach to Pain Management – 1:15 p.m. - 4:30 p.m. (3.0 CE hours)

This workshop will address methods to treat clients who present with pain management concerns. Compensatory strategies including distraction or other focus, imagery, relaxation, breathing, cognitive restructuring, problem solving, stop thought and replacement, down arrow to core beliefs, competence and pleasure procedures, resiliency reinforcement and exercise will be presented. Professional collaboration issues and relapse prevention will be covered. This workshop is appropriate for all levels of social work practice.

Instructor: *Paul A. Koonter*, ACSW, BCD, LCSW (See Pain Management, October 18 for instructor bio.)

WSU Oakland Center – Saturday, October 25, 2008

Resilience in Youth – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours)

This workshop will examine concepts and current research that address resilience in youths and interventions that promote resilience. It will consider factors that contribute to resilience, reasons why some youths are more resilient and able to overcome adversity than others, and why some youths thrive in, not just survive, adversity. Topics will include the connection between resilience and coping, recovery and the presence of protective factors, risks to resilience and promoters of resilience. This workshop is appropriate for intermediate and advanced social work practitioners.

Instructor: *Arveta Grady-Fletcher*, MSW, LMSW has more than 25 years experience as a social work practitioner. She has worked in mental health and school settings, functioned as a part-time faculty member at the WSU School of Social Work and given numerous professional training programs during the course of her career. Ms. Grady-Fletcher specializes in the area of social work intervention with at-risk youth and their families.

Ethical Issues in Private Practice – 9:00 a.m. – 3:00 p.m. (5.0 CE Hours) NEW

The private practice of social work, outside the auspices of a traditional social work setting, presents unique ethical challenges and professional issues. This workshop will examine a number of these, including competence, confidentiality, high-risk client groups, the role of supervision/consultation, record-keeping and marketing. A panel format will be used to facilitate interaction between presenters and attendees. This workshop is appropriate for intermediate and advanced practitioners.

Panelists:

Peggy O’Kane Brunhofer, PhD, MSW, LMFT (See Assessment of Complicated Grief, October 18 for instructor bio.)

Pauline Everette, PhD, MSW (See Conflict Resolution Strategies for Social Work Practice, October 11 for instructor bio.)

Cynthia Swier, MSW, LMSW is a part-time faculty member at the WSU School of Social Work, teaching a course in Human Behavior and Diversity. She maintains a private psychotherapy practice, working with adults, couples and families.

Three Locations:

**WSU McGregor Memorial Conference Center
(Main Campus)**
495 West Ferry Mall, Detroit

WSU Macomb Center
44575 Garfield, Clinton Township

WSU Oakland Center
33737 West 12 Mile, Farmington Hills

Cost:

\$149 per full-day workshop

\$89 per half-day workshop


(Includes workshop tuition, continental breakfast and CE certificate)


Register soon!

Deadlines for registration are one week prior to the program date.

If you need to cancel, please call our office at least two weeks before the workshop. Cancellations made after that time are subject to the full fee.

How to Register:

 By phone: (313) 577-4665

 By fax: (313) 577-4354

 By mail:
Wayne State University
Executive & Professional Development
5229 Cass, 240 Rands Annex
Detroit MI 48202



Multiple Registration Discount

Register for 3 or more workshops and receive
\$20 off per workshop!

REGISTRATION FORM

(Please copy for multiple registrants)

Name _____

Address _____

City _____ State _____ Zip _____

Phone (daytime) _____

E-mail _____

Social Work State License # _____

TOTAL FEE \$ _____

Method of payment: ___ Visa ___ MasterCard

_____ Credit card # _____ Exp. Date _____

_____ Signature of Card Holder _____ 3-Digit # back of card _____

_____ Check: Please make checks payable to Wayne State University.

Confirmation and a map with parking instructions will be sent to you after we receive your registration and payment.

For more information, go to our website
www.socialwork.wayne.edu

MAIN CAMPUS, FRIDAY, OCTOBER 10

- Assessment of Children and Adolescents
- Ethical and Legal Issues in Social Work Supervision

MAIN CAMPUS, SATURDAY, OCTOBER 11

- An Introduction to Social Work with Children*
- Conflict Resolution Strategies for Social Work Practice
- Help-Seeking and Help-Giving in Partner Violence*

MACOMB CENTER, SATURDAY, OCTOBER 18

- Strategies to Address Complex Organizational Issues
- Developing Your Leadership Skills*
- Assessment of Complicated Grief*
- The Path of Anger
- A Cognitive-Behavioral Approach to Pain Management*

OAKLAND CENTER, FRIDAY, OCTOBER 24

- Integrating New Approaches to Substance Abuse
- Family Therapy Interventions
- New Conceptions of the Grief and Loss Experience*
- A Cognitive-Behavioral Approach to Pain Management*

OAKLAND CENTER, SATURDAY, OCTOBER 25

- Resilience in Youth
- Ethical Issues in Private Practice

*1/2 day Workshop

WSU School of Social Work

Continuing Education Programs

The Wayne State University School of Social Work is pleased to present a range of educational programs for the working practitioner. All programs are accredited by the Michigan Social Work Continuing Education Collaborative. Programs include:

A Cognitive-Behavioral Approach to
Pain Management
An Introduction to Social Work with Children
Assessment of Children and Adolescents
Assessment of Complicated Grief
Conflict Resolution Strategies for Social Work Practice
Developing Your Leadership Skills
Ethical and Legal Issues in Social Work Supervision
Ethical Issues in Private Practice

Family Therapy Interventions
Help-Seeking and Help-Giving in Partner Violence
Integrating New Approaches to
Substance Abuse Treatment
New Conceptions of the Grief and Loss Experience
Resilience in Youth
Strategies to Address Complex
Organizational Issues
The Path of Anger

The mission of the Wayne State University School of Social Work is to transmit, develop, critically examine, and apply knowledge to advanced social work practice and social welfare policy in order to promote social, cultural and economic justice for the betterment of poor, vulnerable, and oppressed individuals, families, groups, communities, organizations, and society.

www.socialwork.wayne.edu

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