

References:

- Chauhan, A., Semwal, D. K., Mishra, S. P., & Semwal, R. B. (2015). Ayurvedic research and methodology: Present status and future strategies. *Ayu*, 36(4), 364–369. <https://doi.org/10.4103/0974-8520.190699>
- Birocco, N., Guillame, C., Storto, S., Ritorto, G., Catino, C., Gir, N., Balestra, L., Tealdi, G., Orecchia, C., Vito, G. D., Giaretto, L., Donadio, M., Bertetto, O., Schena, M., & Ciuffreda, L. (2011). The effects of reiki therapy on pain and anxiety in patients attending a day oncology and Infusion Services Unit. *American Journal of Hospice and Palliative Medicine®*, 29(4), 290–294. <https://doi.org/10.1177/1049909111420859>
- Dyer, N. L., Baldwin, A. L., & Rand, W. L. (2019). A large-scale effectiveness trial of reiki for physical and psychological health. *The Journal of Alternative and Complementary Medicine*, 25(12), 1156–1162. <https://doi.org/10.1089/acm.2019.0022>
- Judith, A. (2002). *Wheels ofLife: A User’s Guide to the Chakra System*. Llewellyn Publications, St. Paul, MN.
- McManus D. E. (2017). Reiki Is Better Than Placebo and Has Broad Potential as a Complementary Health Therapy. *Journal of evidence-based complementary & alternative medicine*, 22(4), 1051–1057. <https://doi.org/10.1177/2156587217728644>
- Miles, P. (2008). *Reiki A Comprehensive Guide*. New York: Penguin Group .
- Natalie L. Dyer, Ann L. Baldwin, and William L. Rand. The Journal of Alternative and Complementary Medicine. Dec 2019. 1156-1162. <http://doi.org/10.1089/acm.2019.0022>
- National Association of Social Workers (NASW)*. NASW - National Association of Social Workers. (n.d.). Retrieved February 21, 2022, from <https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English>
- Olson, K., Hanson, J., & Michaud, M. (2003). A phase II trial of reiki for the management of pain in Advanced cancer patients. *Journal of Pain and Symptom Management*, 26(5), 990–997. [https://doi.org/10.1016/s0885-3924\(03\)00334-8](https://doi.org/10.1016/s0885-3924(03)00334-8)

Saradananda, S. (2011). *The Essential Guide to Chakras: Discover the healing power of chakras for mind, body and spirit*. Watkins.

Singg, S. (2004). Reiki: An Alternative and Complementary Healing Therapy. In C.M. Davis (Ed.), *Complementary Therapies in Rehabilitation: Evidence for Efficacy in Therapy, Prevention and Wel/ness* (pp. 261 -277). Thorofare: SIACK Inc.

Thrapp, L. (2002). Reiki . In M. Herring & M. Robert (Eds .), *Complementary and Alternative Medicine: Fast Facts for Medical Practice* (pp.97-101). Massachusetts: Blackwell Publishing.