

MACOMB COUNTY

MENTAL HEALTH COUNSELING

CATHOLIC CHARITIES OF SOUTHEAST MICHIGAN

Currently offering telehealth mental health and substance use counseling.
(855)882-2736

COMMUNITY FIRST HEALTH CENTERS – NEW HAVEN

Telehealth services are being provided for mental health clients.
(586)749-5197
<https://www.communityfirsthc.org/>

CRISIS TEXT LINE

Anxious about Coronavirus? Text HOME to 741741 to connect with a crisis counselor.
741741 (text)

MYCARE HEALTH CENTER – MOUNT CLEMENS

MyCare is an FHQC in Macomb County. MyCare offers a variety of medical and behavioral health services. This location is currently open.
(586)783-2222
<https://www.mycarehealthcenter.org/>

MYCARE HEALTH CENTER – CENTERLINE

MyCare is an FHQC in Macomb County. MyCare offers a variety of medical and behavioral health services. This location is currently open.
(586)756-7777
<https://www.mycarehealthcenter.org/>

SAMHSA DISASTER DISTRESS HELPLINE

SAMHSA has opened a helpline to discuss stress as a result of COVID-19.
1-800-985-5990
<https://www.samhsa.gov/find-help/disaster-distress-helpline>

MICHIGAN 2-1-1

Provides a list of resources available for Michigan residents.
2-1-1

Wayne State University School of Social Work - Center for Social Work Research

COVID-19 Community Resource List- **Macomb County Updated 4-2-20**

<https://www.mi211.org/>