

OAKLAND COUNTY

MENTAL HEALTH COUNSELING

ASCENSION EASTWOOD BEHAVIORAL HEALTH ADMINISTRATIVE OFFICE

Provides mental health counseling to children and adolescents.

248-465-4535

<https://healthcare.ascension.org/specialty-care/behavioral-mental-health>

ASCENSION SAINT JOHN PROVIDENCE HEALTH SYSTEM

Provides diagnostic and treatment services for adults who have acute psychiatric disorders, require hospitalization for maximum benefit, and who may be a threat to themselves, to their families or to others if left in the community or placed in a less restrictive treatment setting. Services may include a comprehensive evaluation; 24-hour care in a supportive, therapeutic environment; counseling for the patient and family; adjunctive therapies as needed; group therapy; medication, if required; and an aftercare program following discharge.

800-875-5566

<http://www.stjohnprovidence.org/Providence>

ARAB-AMERICAN AND CHALDEAN COUNCIL

Provides outpatient behavioral health services including assessment and consultation, psychological testing and evaluation, individual, marital and family counseling, and medication review. Provides infant mental health services in the home, that provides therapy and support to parents and infants to address ongoing mental health concerns, infants that suffer from low birth weight, developmental delays, emotional or behavioral problems, or a basic failure to thrive.

248-354-8460

<http://www.myacc.org/>

BEAUMONT HEALTH

Offers complete adult inpatient psychiatric care in an environment that promotes mental wellness. During hospitalization, a team of nurses, social workers, activity therapists, dietitians, psychiatrists and medical physicians care for the patient. The inpatient program focuses on treatment that will move the patient into partial hospitalization or outpatient care as quickly as possible.

248-898-7979

<http://www.beaumont hospitals.com/>

BETHANY CHRISTIAN SERVICES

Offers individual counseling for adults and children, youth, parent/child counseling, marital and premarital counseling, family therapy, psychological evaluation, substance use assessment and counseling.

248-414-4080

<https://bethany.org/locations/us/michigan/southeast-michigan>

CATHOLIC CHARITIES OF SOUTHEAST MICHIGAN

Currently offering telehealth mental health and substance use counseling.

855-882-2736

<https://ccsem.org/>

CHRISTIAN FAMILY SERVICES - PROTESTANT YOUTH ORGANIZATION

Offers a wide range of counseling services including family, individual therapy, marriage counseling, pre-marital counseling, grief counseling, pastoral counseling, and counseling for children and adolescence.

248-557-8390

<http://www.cfs-michigan.org/>

COMMON GROUND RESOURCE AND CRISIS CENTER

Offers 24-hour telephone emergency crisis intervention services for individuals who are in emotional distress; who are at risk of suicide or know someone at risk; or who are unable to cope due to an underlying mental illness. Will provide local information and referrals to community services for additional assistance.

800-231-1127

<http://www.commongroundhelps.org/>

COMMUNITY CARE SERVICES

Provides outpatient mental health and substance use disorder treatment for children, teens, and adults in Southeastern, Michigan online through Telehealth.

313-398-7500

<http://www.comcareserv.org>

COMMUNITY NETWORK SERVICES

Provides behavioral health services using a variety of evidence-based interventions, including Cognitive Behavioral Therapy (CBT), as well as psychiatric evaluations, case management, and medication management.

248-745-4900

<https://www.cnshealthcare.org/>

COVENANT COMMUNITY CARE

Provides primary medical care and expanded services to help support spiritual, psychological, and social health of patients. Includes family practice, internal medicine, OB/Gyn, pediatrics, cardiology, optometry, dentistry, pharmacy, behavioral health and pastoral care.

248-556-4900

<http://www.covenantcommunitycare.org/>

CRISIS TEXT LINE

Anxious about Coronavirus? Text HOME to 741741 to connect with a crisis counselor. 741741 (text)

FERNCARE FREE CLINIC

Provides no-cost medical care and individual counseling to uninsured individuals.

248-677-2273

<https://ferncare.org/>

HENRY FORD HEALTH SYSTEM - KINGSWOOD HOSPITAL

Provides diagnostic and treatment services for individuals who have acute or chronic mental or emotional disturbances, require hospitalization for maximum benefit, and who might be a threat to themselves, to their families or to others. Provides treatment of individuals who have identified mental or emotional disorders with the objective of helping them to eliminate or reduce the severity of their symptoms, to mediate disturbed patterns of behavior and to promote positive personality.

248-398-3200

<https://www.henryford.com/locations/kingswood>

JEWISH FAMILY SERVICE OF METRO DETROIT

Provides clinical behavioral health counseling for individuals, couples, families and groups, including counseling for depression, marriage, divorce, domestic violence, grief and loss, gender issues, interfaith issues, and men's and women's issues.

248-529-2313

<https://www.jfsdetroit.org/>

JEWISH FAMILY SERVICE OF METRO DETROIT – OAK PARK

Provides clinical behavioral health counseling for individuals, couples, families and groups, including counseling for depression, marriage, divorce, domestic violence, grief and loss, gender issues, interfaith issues, and men's and women's issues.

248-592-2300

<https://www.jfsdetroit.org/>

MICHIGAN 2-1-1

Provides a list of resources available for Michigan residents.

2-1-1

<https://www.mi211.org/>

NATIONAL ALLIANCE ON MENTAL ILLNESS METRO – OAKLAND, WAYNE & MACOMB COUNTIES

Offers mental health services to the metro area, including Oakland County.

(248)773-2296

<http://namimetro.org/>

OAKLAND FAMILY SERVICES

Provides individual and family counseling regarding marriage, grief and loss, mental health and substance abuse issues. Also offers counseling for older adults and their caregivers.

248-858-7766

<https://www.oaklandfamilyservices.org/>

ROCHESTER AREA NEIGHBORHOOD HOUSE

Offers confidential counseling to qualified low income individuals and families. Individual counseling is available for a variety of needs including marriage, family, separation, divorce, parenting/step-parenting, depression, anxiety, stress, grief and loss, working, caring for aging parents, coping with retirement, self-esteem issues, and adjustment issues.

248-651-5836

<https://www.ranh.org/>

SAMARITAN COUNSELING CENTER OF SOUTHEASTERN MICHIGAN

Provides therapeutic interventions that focus on helping people relate to and resolve their problems and concerns in the context of their religious/spiritual beliefs. Provides emotional support, information, and guidance to help people resolve whatever personal or interpersonal difficulties they are experiencing.

248-474-4701

<https://www.sccmich.org/>

SAMHSA DISASTER DISTRESS HELPLINE

SAMHSA has opened a helpline to discuss stress as a result of COVID-19.

1-800-985-5990

<https://www.samhsa.gov/find-help/disaster-distress-helpline>

TRAINING AND TREATMENT INNOVATIONS

Provides outpatient therapy for issues such as depression, anxiety, alcohol and drug use, co-dependency, behavior disorders, phobias, employment problems, Post Traumatic Stress Disorder, grief and loss, stress disorders, divorce/separation problems and marriage and family problems.

248-969-9932

<http://ttiinc.org/>
