

Lisa A. O'Donnell, PhD, LMSW
Wayne State University
lisa.odonnell@wayne.edu
248-417-7421

CURRENT ACADEMIC APPOINTMENT

2017-present **Assistant Professor**
Wayne State University
School of Social Work

EDUCATION

2016 **University of Michigan, Ann Arbor, MI**
Doctor of Philosophy (Social Work and Clinical Psychology)

2005 **University of Michigan School of Social Work, Ann Arbor, MI**
Master of Social Work – Interpersonal Practice and Mental Health

1999 **University of Michigan, Ann Arbor, MI**
Bachelor of Arts in Communications
Bachelor of Arts in Psychology

POST-GRADUATE TRAINING

2016-2017 **Postdoctoral Scholar**
Max Gray Fellowship
University of California, Los Angeles
Children and Adolescents Mood Disorder Program (CHAMP)
Mentor: Dr. David Miklowitz

LICENSURE

Licensed Master's Social Worker – State of Michigan

RESEARCH INTERESTS

Research interests include the examination of the nature of functional outcomes and quality of life among individuals with mental health conditions, and the development and dissemination of culturally appropriate, employment-related interventions for underserved and economically disadvantaged populations within an urban setting.

INTERNAL RESEARCH GRANTS

1. **A Feasibility, Pilot Study: Assessing Attitudes Towards a Work Intervention for Individuals with Mood and Anxiety Disorders.** (2019).
School of Social Work Research Enhancement Program (SWREP). PI: Lisa

O'Donnell. \$7500

2. **Public Attitudes among Coworkers and Supervisors on Working with Individuals with Bipolar Disorder.** (2018). WSU University Research Grant. PI: Lisa O'Donnell. \$9959.

SCORED/NOT FUNDED FEDERAL GRANT

1. **A SIMmersion Work Intervention for Individuals with Mental Illness to Enhance Work Performance and Maintain Employment** (2020). NIH Small Business Technology Transfer Grant (R41/42). PIs: Lisa O'Donnell, Dale Olsen. Co-I: Joseph Himle. \$251,791.

PEER-REVIEWED JOURNAL PUBLICATIONS

1. **O'Donnell, L.A.,** Ellis, A.J., Weintraub, M.J., Axelson, D.A., Kowatch, R.A., Schneck, C.D., Miklowitz, D.J. (2020). A Randomized Trial Comparing the Effects of Two Psychosocial Interventions on Family Functioning in Adolescents with Bipolar Disorder. *Family Process*.
2. Cerny, B.M., Stange, J.P., Kling, L.R., Halmat, E.J., **O'Donnell, L.A.,** Deveney C., & Langenecker, S.A. (2019). Self-reported Affective biases, but not all Affective performance biases, are present in depression remission. *British Journal of Clinical Psychology* 58(3), 274-288.
3. Cardinale R, **O'Donnell L,** Chun J, Park J, Kross E, Kamali M, McInnis M, Deldin P (2018). A Preliminary Study of Central Nervous System Arousal and Sleep Quality in Bipolar Disorder. *Psychopathology* 2018; 51:269-275.
4. **O'Donnell, L.A.,** Ellis, A.J., Van de Loo, M.M., Stange, J.P., Kowatch, R.A., Schneck, C.D., Miklowitz, D.J. (2018). Mood Instability as a Predictor of Clinical and Functional Outcomes in Adolescents with Bipolar I and Bipolar II Disorder. *Journal of Affective Disorders*.
5. Himle, J.A., Bybee, D., **O'Donnell, L. A.,** Weaver, A., Vlnka, S., DeSena, D.T., & Rimer, J.M. (2018). Awareness enhancing and monitoring device plus habit reversal in the treatment of trichotillomania: An open feasibility trial. *Journal of Obsessive Compulsive and Related Disorders*, 16, 14-20.
6. Tso, I., Grove, T., Mueller, S., **O'Donnell, L.A.,** Chun, J., McInnis, M., Deldin, P., (2017). Altered N170 and Mood Symptoms in Bipolar Disorder: An Electrophysiological Study of Configural Face Processing. *Bipolar Disorders*.
7. **O'Donnell, L.A.,** Deldin, P., Grogan-Kaylor, A., McInnis, M.G., Weintraub, J., Ryan, K., & Himle, J. (2017). Depression and executive functioning deficits predict poor occupational functioning in a large longitudinal sample with bipolar disorder. *Journal of Affective Disorders* 215: 135-142.
8. **O'Donnell, L.A.** Axelson, D.A., Schneck, C.D., Kowatch, R.A., Sugar, C.A., Miklowitz, D.J. (2017). Enhancing quality of life among adolescents with bipolar disorder: A randomized trial of two psychosocial interventions. *Journal of Affective Disorders* 219: 201-208.
9. **O'Donnell, L.A.,** Himle, J., Ryan, K., Grogan-Kaylor, A., McInnis, M.G., Weintraub, J., Kelly, M., Deldin, P. (2017). Social Aspects of the Workplace Among Individuals With Bipolar Disorder." *Journal of the Society for Socia; Work and Research* 8.3: 000-000.

10. Park, J., Ayduk, Ö., **O'Donnell, L.**, Chun, J., Gruber, J., Kamali, M., McInnis, M., Deldin, P. & Kross, E. (2014). Regulating the High Cognitive and Neural Processes Underlying Positive Emotion Regulation in Bipolar I Disorder. *Clinical Psychological Science*, 2(6), 661-674.
11. Himle, J.A., Weaver, A., Bybee, D., **O'Donnell, L.A.**, Vlnka, S., Laviolette, W.T., Steinberger, E., Golenberg, Z., & Levine, D.S. (2014). Employment barriers, skills and aspirations among unemployed job-seekers with and without social anxiety. *Psychiatric Services*, 65, 924-930.
12. Himle, J.A., Bybee, D., Steinberger, E., Laviolette, W.T., Golenberg, Z., Heimberg, R.G., Weaver, A., Vlnka, S., Levine, D.S., & O'Donnell, L.A. (2014). Work-related CBT versus vocational services as usual for unemployed persons with social anxiety disorder: A randomized controlled trial. *Behaviour Research and Therapy*.
13. Chun, J., Karam, Z., Marzinzik, F., Karam, Z., O'Donnell, L., Tso, I., Manschreck, M., Kamali, M., McInnis, M. & Deldin, P. (2013). Can P300 Distinguish Schizophrenia, Schizoaffective and Bipolar Disorders? An ERP study of Response Inhibition. *Schizophrenia Research*. 151(1-3), 175-184.

BOOK CHAPTERS

1. **O'Donnell, L.A.** & Miklowitz, D.J. (2020). The Current State of Evidence-Based Psychotherapies for Bipolar Disorder. In Strakowski, S.M., Delbello, M.P., Adler, C.M., Fleck, D.E. (Ed.), *Primer on Bipolar Disorder*, Oxford, UK: Oxford University Press.
2. **Miklowitz, D. J.** & O'Donnell, L. A. (in press). Psychosocial approaches to bipolar disorder. In C. Nemeroff et al (Eds.), *Textbook of Mood Disorders*, 2nd Ed. Washington, D.C.: American Psychiatric Association Publishing.

INVITED PEER-REVIEWED ORAL PRESENTATIONS

1. Szechy, K., **O'Donnell, L.A.** (2021, January). To Disclose or Not to Disclose: Public Perceptions of Bipolar Disorder in the Workplace. Oral Paper presentation at the 2021 Society of Social Work and Research Conference. Virtual Conference.
2. Brydon, D., **O'Donnell, L.A.** (2020, November). Advancing Cognitive Behavioral Therapy (CBT) in Social Work for Diversity, Equity, and Inclusion. Oral paper presentation at the CSWE 66th Annual Meeting Program. Virtual Conference.
3. **O'Donnell, L.A.**, Shin, D. Javanbakht, A. (2019, March). Overview of Methods and Preliminary Results. In *Augmented Reality and Telepsychiatry: Bringing Exposure Therapy to Real Life Context - 321R*. Symposium conducted at the Anxiety and Depression Association of America Conference. Chicago, IL.
4. **O'Donnell, L.A.**, Ellis, A.J., Weintraub, M.J., Axelson, D.A., Schneck, C.D., Kowatch, R.A., Sugar, C.A., Miklowitz, D.J. (2019, March). Enhancing Family Functioning and Quality of Life in Adolescents with Bipolar Disorder: A Randomized Trial. In *Randomized Controlled Trials for the Treatment and Prevention of Depressive Disorders: Effects on the Family*. Symposium conducted at the Society for Research in Child Development Conference. Baltimore, MD.

5. **O'Donnell, L.A.**, Axelson, D.A., Schneck, C.D., Kowatch, R.A., Sugar, C.A., Miklowitz, D.J. (2019, January). Enhancing Quality of Life Among Adolescents with Bipolar Disorder: A 2-Year Randomized Trial. Oral presentation at the Society of Social Work and Research Conference. San Francisco, CA.
6. **O'Donnell, L.A.**, Himle, J., Ryan, K., Grogan-Kaylor, A., McInnis, M.G., Weintraub, J., Kelly, M., Deldin, P. (2019, January). Social Aspects of the Workplace Among Individuals with Bipolar Disorder. Oral presentation at the Society of Social Work and Research Conference. San Francisco, CA.
7. Himle, J.A., Weaver, A., Bybee, D., **O'Donnell, L.**, Vlnka, S., Laviolette, W.T., Steinberger, E., Golenberg, Z., & Levine, D.S. (2014, March). A Comparison of Unemployed Job- Seekers with and without Social Anxiety. Oral presentation at the Anxiety and Depression Association of America Annual Conference. Chicago, IL.
8. Levine, D.S., Himle, J.A., **O'Donnell, L.**, & Sellers, R. (2013, April). Racial Identity and Discrimination Matter: Identifying New Predictors of Social Anxiety Disorder Symptoms in a Low Income, African American Sample. Oral presentation at the Anxiety and Depression Association of America Annual Conference. La Jolla, CA.
9. Himle, J., Steinberger, E., Laviolette, W., Golenberg, Z., Vlnka, S., Levine, D., **O'Donnell, L.**, & Bybee, D. (2013, January) Work related cognitive-behavioral therapy for unemployed persons with social anxiety. Oral presentation at the Society for Social Work and Research. San Diego, CA.

INVITED PEER-REVIEWED POSTER PRESENTATIONS

1. Scantamburlo, S., **O'Donnell, L.A.** (2021, May). Gender Perceptions of Bipolar Disorder in the Workplace. Poster to be presented at the AAPA 2021 Conference.
2. Szechy, K., **O'Donnell, L.A.** (2020, March). Public perceptions of bipolar disorder in the workplace. 2020 Social Work Student Research Symposium.
3. **O'Donnell, L.A.**, Szechy, Kathy. (2020, June). An Examination of Public Stigma Among Adults with Bipolar Disorder in the Workplace. Poster to be presented at the 2020 NASW National Conference. Washington D.C.
4. **O'Donnell, L.A.**, Axelson, D.A., Miklowitz, D. (2016, September). Family-Focused Treatment and Quality of Life in Adolescents with Bipolar Disorder: A 2-Year Randomized Trial. Poster to be presented at the 13th Annual Society for Research in Psychopathology Conference. Baltimore, MD.
5. **O'Donnell, L.**, Chun, J., Deveney, C., Langenecker, S., Ryan, K., Kamali, M., McInnis., M.G., Deldin, P.J. (2015, January). The Influence of Psychosis and Emotional Reactivity on Cognitive Flexibility within Bipolar Disorder. ePoster presented at the 19th Annual Society for Social Work and Research Conference. New Orleans, LA.
6. Cardinale R.C., Deldin P.J., Kamali M.M., **O'Donnell L.**, Chun J., McInnis M.G. (2014, September). EEG Correlates of Sleep Quality in Bipolar Disorder. Poster presented at Society for Research in Psychopathology Annual Meeting, Chicago, IL.
7. Mueller, S.A., Tso, I.F., **O'Donnell, L.**, McInnis, M.G., Deldin, P.J. (2013, September). Nothing to fear: Event-related Potential Study of the Effects of Emotional Facial Expressions During Eye Gaze Identification in Bipolar Patients. Poster presented at the 27th Annual Society for Research in Psychopathology Conference. San Francisco, CA.

8. Kamali, M., Chun, J., **O'Donnell, L.**, Deldin, P.J., McInnis, M.G. (2012, May). Diminished P300 amplitude in bipolar men with a history of suicide in a visual Go/NoGo event-related potential study. Poster presented at the Conference on New Research Approaches for Mental Health Interventions (NCDEU) sponsored by American Society of Clinical Psychopharmacology. Scottsdale, AZ.
9. Chun, J., Karam, Z., **O'Donnell, L.**, Kamali, M., Manschreck, T., Deldin, P.J. (2012, October). Heterogeneity of Bipolar I Disorder: Evidence from computational modeling based on P300 event-related brain potentials (ERPs) from Go/NoGo paradigm. Poster presented at the 26th Annual Society for Research in Psychopathology Conference. Ann Arbor, MI.
10. Langenecker, S., Chun, J., Ryan, K., **O'Donnell, L.**, McInnis, M., Deldin, P.J. (2011, May). Response inhibition as Endophenotypes in Bipolar I Disorder and stability of test scores using Longitudinal cognitive data. Poster presented at the Association of Psychology & Psychiatry for Adults and Children, 16th International Conference. Athens, Greece.
11. Chun J, Park J., **O'Donnell L.**, Kross E, McInnis M., Manschreck T, Deldin P.J. (2011, September). Association between emotional reactivity over frontal area and cognitive inhibition in bipolar I disorder. Poster presented at Society for Research in Psychopathology annual meeting. Boston, MA.
12. Chun J, **O'Donnell L.**, Manschreck T., McInnis M., Deldin P.J. (2011, September). Emotion Modulation in Response Inhibition in Schizophrenia and Bipolar disorder: an ERP study. Poster presented at the Society for Psychophysiological Research Annual Meeting. Boston, MA.
13. **O'Donnell, L.**, Chun, J., Harrington, G., Kamali, M., McInnis, M.G., Deldin, P.J. (2011, September). The Influence of Executive Functioning and Emotional Reactivity within Bipolar Disorder. Poster presented at the 25th Annual Meeting for the Society for Research in Psychopathology. Boston, MA.
14. **O'Donnell, L.**, Waters, S., Brunwasser, S., McInnis, M. (2010, March). Campus MindWorks: Helping U-M Students with Psychiatric Disorders to Succeed in College. Poster presented at The Depression on College Campuses. Ann Arbor, MI.
15. McInnis, M.G., Brucksch, C., Harrington, G., Kamali, M., Langenecker, S., **O'Donnell, L.**, Phelps, L., Ribbens-Grimm, C., (2009, June). Heinz C. Prechter Repository. Poster presented at the 8th International Conference on Bipolar Disorder. Pittsburgh, PA.

INVITED EXTRAMURAL PRESENTATIONS: GUEST LECTURES AND COMMUNITY CONFERENCES

1. **O'Donnell, L.A.** (2021, February). Seasonal Affective Disorder. Oral Zoom Presentation for the Diabetes Education Wellness (D.E.W.) Clinic at Wayne State University.
2. **O'Donnell, L.A.** (2020, December). Predicting Job Success: A 10-Year Longitudinal Analysis of Working Adults with Bipolar Disorder. Oral Zoom Presentation for the Prechter Bipolar Disorder Research Lab at the University of Michigan.
3. **O'Donnell, L.A.** (2020, June). Work and Bipolar Disorder. Zoom Webinar for #TalkBD LIVE at the University of British Columbia.
4. **O'Donnell, L.A.** (2018, May). Bipolar Disorder in the Workplace: Predicting Impairments and Innovating Treatment. Oral Presentation presented at the Research Rounds of University of British Columbia. Vancouver, BC.

5. **O'Donnell, L.A.** (2018, May). Family-Focused Therapy for Persons with Bipolar Disorder. Oral presentation for Lunch N Learn at University of British Columbia. Vancouver, BC.
6. **O'Donnell, L.A.** (2017, April). A Family-Focused Approach to Treating Mood Problems in Youth. Oral presentation at Childhood Mood Disorders: A Community Approach conference, UCLA Semel Institute. Los Angeles, CA.
7. **O'Donnell, L.A.** (2013, November). The Influence of Psychosis on Cognitive Flexibility and Emotional Reactivity within Bipolar Disorder. Oral presentation for the course, Advanced Laboratory in Psychopathology, University of Michigan, Department of Psychology. Ann Arbor, MI.
8. **O'Donnell, L.A.** (2013, February). Bipolar Disorder. Oral presentation for the course, Mental Disorders Among Adults and the Elderly, University of Michigan, School of Social Work. Ann Arbor, MI.
9. **O'Donnell, L.A.** (2011, April). The Influence of Psychosis on Cognitive Flexibility and Emotional Reactivity within Bipolar Disorder. Oral presentation for the Department of Psychology, University of Michigan, Brown Bag. Ann Arbor, MI.

SERVICE

Board and Committee Service

Contributing Editor, Manuscript Mentoring for Early-Career
Mental Health Professionals, American Journal of Psychotherapy (2021)

Contributing Editor, The Trainee's Perspective, American Journal of Psychotherapy
(2021)

Editorial Board Member, American Journal of Psychotherapy (2018-present).

Core Network Member, The Collaborative RESearch Team to study psychosocial
Issues in Bipolar Disorder (CREST.BD). British Columbia. (2018-present).

Board Member, Fresh Start Clubhouse. Ann Arbor, MI. (2012-2013).

Service to the University

Member, President's Award for Excellence in Teaching Committee (2021)

Member, Curriculum Design Committee (2020-present)

Member, Curriculum and Instruction Committee (2019-present)

Member, Curriculum and Instruction Subcommittee: Curriculum Revision Goals (2019-
present)

Member, Budget Committee (2019-present)

Academic Advisor and Research Practicum Advisor, Sarah Scantamburlo (2020-present)

Academic Advisor, GRA supervisor, Directed Study Instructor, Kathy Szechy (2019-present)

Member, Dissertation Committee, Lori Vanderwall (2019-2020)

Mentor, Emily Farhat (2018-2020)

Member, Social Work Clinic Committee. (2018-2019)

Judge, Social Work Student Research Symposium, April 20, 2018

Conference Review Service

Reviewer, Society for Social Work and Research 2021 Doctoral Fellows Awards, SSWR 2021 Virtual Conference.

Program Committee Member, Association for Behavioral and Cognitive Therapies, 51st Annual Convention, 2017

TEACHING

Psychology Undergraduate Courses

Psychology 111-Introduction to Psychology
University of Michigan, Department of Psychology (Winter, 2015)

Psychology 270 – Introduction to Psychopathology
University of Michigan, Department of Psychology (Winter, 2014)

Psychology 270 – Introduction to Psychopathology
University of Michigan, Department of Psychology (Winter, 2013)

Psychology 112- Introduction to Psychology as a Natural Science
University of Michigan, Department of Psychology (Fall 2013)

Psychology 112- Introduction to Psychology as a Natural Science
University of Michigan, Department of Psychology (Fall 2012)

Social Work MSW Courses

SW 8340 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I
(Fall, 2020)

SW 8350 - Application of Cognitive-Behavioral Theories to Interpersonal Practice
(Winter, 2020)

SW 8115 - DSM in Clinical Social Work Practice (Winter, 2020)

SW 8340 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I
(Fall, 2019)

SW 8115 - DSM in Clinical Social Work Practice (Fall, 2019)

SW 8350 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I
(Winter, 2019)

SW 8115 - DSM in Clinical Social Work Practice (Winter, 2019)

SW 8340 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I
(Fall, 2018)

SW 8115 - DSM in Clinical Social Work Practice (Winter, 2018)

SW 8115 - DSM in Clinical Social Work Practice (Fall, 2017)

PRE-DOCTORAL RESEARCH EXPERIENCE

2014-2015 **Graduate Student Research Assistant – A Multi-Site Systems Intervention for
or Unemployed Persons with Social Anxiety**
NIMH 1R01MH102263-01A1, Total Cost: \$1, 743,750
University of Michigan, School of Social Work
PIs: Dr. Joseph Himle and Michele Craske

2009-2015 **Project Coordinator - Event-Related Brain Potentials and Bipolar Disorder**
Prechter Research Fund
University of Michigan, Department of Psychiatry
PIs: Dr. Patty Deldin and Dr. Melvin McInnis

2005-2015 **Research Social Worker - Bipolar Longitudinal Study**
Prechter Research Fund
University of Michigan, Department of Psychiatry
PI: Dr. Melvin McInnis

2008-2012 **Doctoral Student Research Assistant–A Systems Level Intervention for
Unemployed Persons with Social Anxiety Disorder**
1R34MH083031-01 NIMH, Total Cost \$697, 500
University of Michigan, School of Social Work
PI: Dr. Joseph Himle

2010-2013 **Research Clinician- Awareness Enhancement and Monitoring Device for
Trichotillomania – Phase II**
2R42MH077362-02 NIMH
University of Michigan, Department of Psychiatry
PI: Dr. Joseph Himle

2005-2006 **Research Assistant - Effects of Obsessive-Compulsive Disorder on Memory**
University of Michigan, Department of Psychiatry
PI: Dr. Joe Himle

PRE-DOCTORAL CLINICAL EXPERIENCE

- 2005-2008 **Clinical Social Worker**
Department of Psychiatry, University of Michigan
- 2005 **Assessment Specialist**
University Psychiatric Center (UPC)
- 2005 **Contingent Social Worker**
Adult and Adolescent Day Treatment Department, Adult Inpatient Department,
St. Joseph Mercy Hospital
- 2004-2005 **Social Work Intern**
Jewish Family Services
- 2003-2004 **Social Work Intern**
St. Joseph Mercy, Huron Oaks: Adolescent Partial Hospitalization Program

CERTIFICATIONS

Diagnostic Training for Early Psychosis (April, 2013)

Certified in the administration of the Structured Interview for Prodromal Syndromes (SIPS) and the Scale of Prodromal Symptoms (SOPS)

The Beck Institute for Cognitive Therapy and Research (October, 2006-April, 2007)

Certified as a cognitive therapist

Training Institute: Interpersonal and Social Rhythm Therapy for Bipolar Disorder Course Director: Ellen Frank, PhD (April, 2007)

Training in understanding the principles of Interpersonal and Social Rhythm Therapy and the application of this treatment to the bipolar population.

The National Institute for Trauma and Loss in Children (July, 2004)

Certified as a Trauma and Loss Specialist

Signature: _____ *Lisa O'Donnell* _____ Last Updated: 02/25/21