# Lisa A. O'Donnell, PhD, LMSW Wayne State University lisa.odonnell@wayne.edu 248-417-7421

# **CURRENT ACADEMIC APPOINTMENTS**

2023 MSW Director

Wayne State University School of Social Work

2017 Assistant Professor

Wayne State University School of Social Work

# **EDUCATION**

2016 University of Michigan, Ann Arbor, MI

Doctor of Philosophy (Social Work and Clinical Psychology)

2005 University of Michigan School of Social Work, Ann Arbor, MI

Master of Social Work – Interpersonal Practice and Mental Health

1999 University of Michigan, Ann Arbor, MI

Bachelor of Arts in Communications Bachelor of Arts in Psychology

# POST-GRADUATE TRAINING

2016-2017 **Postdoctoral Scholar** 

**Max Gray Fellowship** 

University of California, Los Angeles

Children and Adolescents Mood Disorder Program (CHAMP)

Mentor: Dr. David Miklowitz

# LICENSURE

Licensed Clinical Social Worker – State of Michigan

### RESEARCH INTERESTS

Research interests include the examination of the nature of functional outcomes and quality of life among individuals with mental health conditions, the development and dissemination of culturally appropriate, employment-related interventions for underserved and economically disadvantaged populations, and the academic and mental health outcomes among social work students.

#### RESEARCH FUNDING

# **Externally Funded Research**

# The Canadian Roadmap for Bipolar Disorder Research and Care.

Funding Source: Otsuka-Lundbeck Foundation

Role: Co-Principal Investigator (Co-PIs – Erin Michalak and Emma Morton)

Total Award: CA\$25,000 Project Duration: 2023-2024

# A CREST.BD-Daymark Foundation Collaboration.

Funding Source: Daymark Foundation

Role: Co-Principal Investigator (Co-PI – Erin Michalak)

Total Award: CA\$150,000 Project Duration: 2023-2024

# Mood Lifters for bipolar disorder: a wellness program to improve psychological and behavioral wellbeing.

Funding Source: Heinz C. Prechter Bipolar research fund at the University of Michigan.

Role: Co-Principal Investigator (Co-PI – Patricia Deldin)

Total Award: \$15,000 Project Duration: 2021-2023

# **Internally Funded Research**

# An Investigation of Social Work Student Success with the Association of Social Work Boards License Exam.

Funding Source: School of Social Work

Role: Principal Investigator Total Award: \$43,069 Project Duration: 2022-2024

# A Pilot Study Assessing Attitudes Among Professional Stakeholders of a Technology-Delivered Work Intervention called Work Interactions Training for Individuals with Mood and Anxiety Disorders.

Funding Source: Humanities Center Faculty Fellowship Award.

Role: Principal Investigator Total Award: \$5.993

Project Duration: 2021-2022

# A Feasibility, Pilot Study: Assessing Attitudes Towards a Work Intervention for Individuals with Mood and Anxiety Disorders.

Funding Source: School of Social Work Research Enhancement Program

Role: Principal Investigator

Total Award: \$7500

Project Duration: 2019-2020

# Public Attitudes among Coworkers and Supervisors on Working with Individuals with Bipolar Disorder.

Funding Source: WSU University Research Grant.

Role: Principal Investigator Total Amount: \$9959.00

Project Duration: 2018-2020

#### Scored/Not Funded Federal Grant

# A SIMmersion Work Intervention for Individuals with Mental Illness to Enhance Work Performance and Maintain Employment.

Funding Source: NIH Small Business Technology Transfer Grant (R41/42).

Role: Co-Principal Investigator (Co-PI - Dale Olsen).

Total Award: \$143,679 Year submitted: 2020

### **Unfunded Grant**

# A SIMmersion Work Intervention for Individuals with Mental Illness to Enhance Work Performance and Maintain Employment.

Funding Source: NIH Small Business Technology Transfer Grant (R41/42).

Role: Co-Principal Investigator (Co-PI - Dale Olsen).

Total Award: \$149,745 Year submitted: 2020

### PEER-REVIEWED JOURNAL PUBLICATIONS

- 1. Szechy, K.A., Turk, P.D., & O'Donnell, L.A. (In Press) Autism and Employment Challenges: The Double Empathy Problem and Perceptions of an Autistic Employee in the Workplace. *Autism in Adulthood*.
- 2. **O'Donnell, L.A.,** Helmuth, M., Williams, S., McInnis, M.G, & Ryan, K.A. (2023). Predictors of employment status and stability in Bipolar Disorder: Findings from an 8-year longitudinal study. *Journal of Affective Disorders.* 321, 1-7.
- 3. Andrews, C. M., Menkes, M. W., Suzuki, T., Lasagna, C. A., Chun, J., **O'Donnell, L.A,** & Tso, I. F. (2023). Reduced theta-band neural oscillatory activity during affective cognitive control in bipolar I disorder. *Journal of Psychiatric Research*, 158, 27-35.
- 4. Hong, J.S., Choi, M.J., Wade, R.M., **O'Donnell, L.A,** Johns, S., & Brown, C. (2022). Racial/ethnic differences in parenting behaviors as protective factors in adolescent internalizing problems. *The Journal of General Psychology*.
- 5. Hong, J.S., Choi, J., **O'Donnell, L.A.,** Espelage, D.L., Albdour, M., & Wu, C.F. (2022). Exploring the linkage between family financial struggle and children's bullying victimization: Implications for nursing and psychotherapeutic practices. *Journal for Specialists in Pediatric Nursing*.
- 6. Burlaka, V., Serdiuk, O., Hong, J. S., **O'Donnell, L.A,** Maksymenko, S., Panok, V., Danylenko, H., Linskiy, I., Sokurenko, V., & Iuliia, C. (2022). Child Internalizing Problems in Ukraine: The Role of Prosocial and Antisocial Friends and Generalized Self-Efficacy. *Societies*.
- 7. **O'Donnell, L.A.,** Szechy, K., E, Farrah., Kancherla P. & Loree, A. (2022). Gender Differences in public attitudes toward bipolar disorder in the workplace. *Social Work in Mental Health, 1-17*.

- 8. **O'Donnell, L.A.,** Brydon, D.M, & Gonzalez-Prendes, A. (2022). Technological Advances in Cognitive-Behavioral Therapy and Clinical Practice: Challenges in an Evolving Field. *American Journal of Psychotherapy*, 75(4), 186-190
- 9. Choi, J., Hong, J.S., **O'Donnell, L.A.,** & Voisin, D.R. (2022). Bullying Victimization, Future Orientation, and Suicidal Ideation of African American Youth in an Under-Resourced Community: A Moderated-Mediation Approach. *Community Mental Health Journal*, *59*(1), 68-76.
- Menkes, M. W., Andrews, C., Suzuki, T., Chun, J., O'Donnell, L.A, Grove, T., & Tso, I. F. (2022). Event-related Potential Correlates of Affective Response Inhibition in Bipolar I Disorder: Comparison with Schizophrenia. *Journal of Affective Disorders*, 309, 131-140.
- 11. **O'Donnell, L.A.,** Boraggina-Ballard, L., Allen, J.L., Szechy, K.A., Miller-Matero, L.R., & Loree, A.M. (2021). A qualitative investigation on the impact of mood and anxiety disorders in the workplace. *Social Work in Mental Health*, 20(2), 240-258.
- 12. **O'Donnell, L.A.,** Szechy, Kathy, & Loree, A. (2021). Public Attitudes towards Individuals with Bipolar Disorder in the Workplace. *Social Work in Mental Health*. 19:5, 440-456.
- 13. Weaver, A., Zhang, A., Landry, C., Hahn, J., McQuown, L., **O'Donnell, L.A.,** Harrington, M.M., Buys, T., Tucker, K.M., Pfeiffer, P., Kilbourne, A., Grogan-Kaylor, A., & Himle, J.A. (2021). Technology-assisted, group-based CBT for rural adults' depression: Open pilot trial results. *Research on Social Work Practice*, 32(2), 131-145.
- 14. **O'Donnell, L.A.,** Ellis, A.J., Weintraub, M.J., Axelson, D.A., Kowatch, R.A., Schneck, C.D., & Miklowitz, D.J. (2020). A Randomized Trial Comparing the Effects of Two Psychosocial Interventions on Family Functioning in Adolescents with Bipolar Disorder. *Family Process*, 59(2), 376-389.
- 15. Cerny, B.M., Stange, J.P., Kling, L.R., Halmat, E.J., **O'Donnell, L.A.,** Deveney C., & Langenecker, S.A. (2019). Self-reported Affective biases, but not all Affective performance biases, are present in depression remission. *British Journal of Clinical Psychology* 58(3), 274-288.
- 16. Cardinale R, **O'Donnell L**, Chun J, Park J, Kross E, Kamali M, McInnis M, & Deldin P (2018). A Preliminary Study of Central Nervous System Arousal and Sleep Quality in Bipolar Disorder. *Psychopathology* 2018; 51:269-275.
- 17. **O'Donnell, L.A.,** Ellis, A.J., Van de Loo, M.M., Stange, J.P., Kowatch, R.A., Schneck, C.D., & Miklowitz, D.J. (2018). Mood Instability as a Predictor of Clinical and Functional Outcomes in Adolescents with Bipolar I and Bipolar II Disorder. *Journal of Affective Disorders*, 236, 199-206.
- 18. Himle, J.A., Bybee, D., **O'Donnell, L. A.,** Weaver, A., Vlnka, S., DeSena, D.T., & Rimer, J.M. (2018). Awareness enhancing and monitoring device plus habit reversal in the treatment of trichotillomania: An open feasibility trial. *Journal of Obsessive Compulsive and Related Disorders*, 16, 14-20.
- 19. Tso, I., Grove, T., Mueller, S., **O'Donnell, L.A.**, Chun, J., McInnis, M., & Deldin, P., (2018). Altered N170 and Mood Symptoms in Bipolar Disorder: An Electrophysiological Study of Configural Face Processing. *Bipolar Disorders*, 20(5), 477-487.
- O'Donnell, L.A. Axelson, D.A., Schneck, C.D., Kowatch, R.A., Sugar, C.A.,
   & Miklowitz, D.J. (September 2017). Enhancing quality of life among adolescents with bipolar disorder: A randomized trial of two psychosocial interventions. *Journal of Affective Disorders* 219: 201-208.
- 21. O'Donnell, L.A., Himle, J., Ryan, K., Grogan-Kaylor, A., & McInnis, M.G.,

- Weintraub, J., Kelly, M., & Deldin, P. (Fall 2017). Social Aspects of the Workplace Among Individuals with Bipolar Disorder." *Journal of the Society for Social Work and Research* 8.3: 000-000.
- 22. **O'Donnell, L.A.,** Deldin, P., Grogan-Kaylor, A., McInnis, M.G., Weintraub, J., Ryan, K., & Himle, J. (June 2017). Depression and executive functioning deficits predict poor occupational functioning in a large longitudinal sample with bipolar disorder. *Journal of Affective Disorders* 215: 135-142.
- 23. **O'Donnell, L. A.,** Deldin, P. J., Pester, B., McInnis, M. G., Langenecker, S. A., & Ryan, K. A. (March 2017). Cognitive flexibility: A trait of bipolar disorder that worsens with length of illness. *Journal of clinical and experimental neuropsychology*, 39(10), 979–987.
- 24. Park, J., Ayduk, Ö., **O'Donnell, L.,** Chun, J., Gruber, J., Kamali, M., McInnis, M., Deldin, P. & Kross, E. (2014). Regulating the High Cognitive and Neural Processes Underlying Positive Emotion Regulation in Bipolar I Disorder. *Clinical Psychological Science*, 2(6), 661-674.
- 25. Himle, J.A., Weaver, A., Bybee, D., **O'Donnell, L.A.**, Vlnka, S., Laviolette, W.T., Steinberger, E., Golenberg, Z., & Levine, D.S. (2014). Employment barriers, skills and aspirations among unemployed job-seekers with and without social anxiety. *Psychiatric Services*, 65, 924-930.
- 26. Himle, J.A., Bybee, D., Steinberger, E., Laviolette, W.T., Golenberg, Z., Heimberg, R.G., Weaver, A., Vlnka, S., Levine, D.S., & **O'Donnell, L.A.** (2014). Work-related CBT versus vocational services as usual for unemployed persons with social anxiety disorder: A randomized controlled trial. *Behaviour Research and Therapy*, 63, 169-176.
- 27. Chun, J., Karam, Z., Marzinzik, F., Karam, Z., **O'Donnell, L.A,** Tso, I., Manschreck, M., Kamali, M., McInnis, M. & Deldin, P. (2013). Can P300 Distinguish Schizophrenia, Schizoaffective and Bipolar Disorders? An ERP study of Response Inhibition. *Schizophrenia Research*. 151(1-3), 175-184.

### **BOOK CHAPTERS**

- O'Donnell, L.A. & Miklowitz, D.J. (2020). The Current State of Evidence-Based Psychotherapies for Bipolar Disorder. In Strakowski, S.M., Delbello, M.P., Adler, C.M., Fleck, D.E. (Ed.), *Primer on Bipolar Disorder*, Oxford, UK: Oxford University Press.
- 2. Miklowitz, D. J. & **O'Donnell, L. A.** (2021). Psychosocial approaches to bipolar disorder. In C. Nemeroff et al (Eds.), *Textbook of Mood Disorders:* 2<sup>nd</sup> *Ed.* Washington, D.C.: American Psychiatric Association Publishing.

## PUBISHED TREATMENT MANUAL

1. Deldin, P., **O'Donnell, L.,** Andrews, C., Menkes, M., & Votta, C. (2022) *Mood Lifters Participant Manual: For Bipolar Disorder*. Kindle Direct Publishing.

# JOURNAL ARTICLES UNDER REVIEW

1. **O'Donnell, L.A.,** Keys, F., Thomas, S., Wells, K., Love-Schropshire, N., Patterson, D. (Under review). Social Determinants of Education and Mental

- Health Wellness Among Social Work Students within an Urban Setting. *Journal of Teaching in Social Work*.
- 2. Pokowitz, Elena, Menzies, C. Votta, C.M., **O'Donnell, L. A.,** & Deldin, P.J. (Revise and resubmit). Pilot Effectiveness Trial of Mood Lifters for Individuals Who Self-Report Bipolar Disorder.
- 3. Szechy, K.A., Ramos, P., Bray, M., Wiseman, R., Anderson, A. & O'Donnell, L.A. (Revise and resubmit). A mixed methods examination of campus disability disclosure decisions of higher education students. *Journal of American College Health. Currently Revise and Resubmit.*

### INVITED PEER-REVIEWED ORAL PRESENTATIONS

- 1. Love-Shropshire, N, **O'Donnell, LA.,** Thomas, S., Keys, F., Patterson, D., *Social Determinants of Education and Mental Health Among Social Work Students in an Urban Setting* (April 2023). Oral Presentation. Social Work Distance Education 2023 Virtual Conference.
- Szechy, K.A., Ramos, P., Bray, M., Wiseman, R., Anderson, A. & O'Donnell, L.A. (January 2023). Fostering inclusion, supports and success for disabled students in higher education. Oral Presentation. 27th Annual Conference of the Society for Social Work and Research, Phoenix, AZ.
- 3. Szechy, K., **O'Donnell, L.A.** (January 2021). *To Disclose or Not to Disclose: Public Perceptions of Bipolar Disorder in the Workplace.* Oral Presentation. 2021 Society of Social Work and Research Conference. Virtual Conference.
- 4. Menkes, MW., Andrews CM., Suzuki T., Chun J., **O'Donnell, LA.,** Grove T., Deng W., McInnis, MG., Deldin, PJ, Tso, IF. (September 2021). *Event-related potentials during affective response inhibition in bipolar I disorder and schizophrenia*. Society for Research in Psychopathology 2021 Virtual Annual Meeting.
- 5. Andrews, CM., Menkes, MW., Suzuki, T., Chun, J., **O'Donnell, LA.,** Grove, T., Deng, W., McInnis, MG., Deldin, PJ., Tso, IF., (September 2021). *Abnormal Theta-Band Neural Oscillatory Activity as an Index of Affective Impulsivity in Bipolar Disorder*. Accepted to be presented at the Society for Research in Psychopathology 2021 Virtual Annual Meeting.
- 6. Brydon, D., **O'Donnell, L.A.** (November 2020). *Advancing Cognitive Behavioral Therapy (CBT) in Social Work for Diversity, Equity, and Inclusion*. Oral paper presentation at the CSWE 66<sup>th</sup> Annual Meeting Program. Virtual Conference.
- 7. **O'Donnell, L.A.,** Shin, D. Javanbakht, A. (March 2019). Overview of Methods and Preliminary Results. In Augmented Reality and Telepsychiatry: Bringing Exposure Therapy to Real Life Context 321R. Symposium conducted at the Anxiety and Depression Association of America Conference. Chicago, IL.
- 8. **O'Donnell, L.A.,** Ellis, A.J., Weintraub, M.J., Axelson, D.A., Schneck, C.D., Kowatch, R.A., Sugar, C.A., Miklowitz, D.J. (March 2019). *Enhancing Family Functioning and Quality of Life in Adolescents with Bipolar Disorder: A Randomized Trial.* In *Randomized Controlled Trials for the Treatment and Prevention of Depressive Disorders: Effects on the Family.* Symposium conducted at the Society for Research in Child Development Conference. Baltimore, MD.
- 9. **O'Donnell, L.A.,** Axelson, D.A., Schneck, C.D., Kowatch, R.A., Sugar, C.A., Miklowitz, D.J. (January 2019). *Enhancing Quality of Life Among Adolescents*

- with Bipolar Disorder: A 2-Year Randomized Trial. Oral presentation at the Society of Social Work and Research Conference. San Francisco, CA.
- 10. **O'Donnell, L.A.**, Himle, J., Ryan, K., Grogan-Kaylor, A., McInnis, M.G., Weintraub, J., Kelly, M., Deldin, P. (January 2019,). *Social Aspects of the Workplace Among Individuals with Bipolar Disorder*. Oral paper presentation at the Society of Social Work and Research Conference. San Francisco, CA.
- 11. Tso IF, Grove TB, Mueller SA, **O'Donnell L.A.**, Chun J, McInnis MG, Deldin PJ. (September 2017). *Mania and Reduced "Jack Nicolson Effect" in Bipolar Disorder: An ERP Study of Configural Face Processing*. Oral paper presented at the 31<sup>th</sup> Society for Research in Psychopathology (SRP), Denver, CO.
- 12. Himle, J.A., Weaver, A., Bybee, D., **O'Donnell, L.A.**, Vlnka, S., Laviolette, W.T., Steinberger, E., Golenberg, Z., & Levine, D.S. (March 2014). *A Comparison of Unemployed Job- Seekers with and without Social Anxiety*. Oral presentation at the Anxiety and Depression Association of America Annual Conference. Chicago, IL.
- 13. Levine, D.S., Himle, J.A., **O'Donnell, L.A.,** & Sellers, R. (April 2013). *Racial Identity and Discrimination Matter: Identifying New Predictors of Social Anxiety Disorder Symptoms in a Low Income, African American Sample*. Oral presentation at the Anxiety and Depression Association of America Annual Conference. La Jolla, CA.
- 14. Himle, J., Steinberger, E., Laviolette, W., Golenberg, Z., Vlnka, S., Levine, D., O'Donnell, L.A, & Bybee, D. (January 2013) Work related cognitive-behavioral therapy for unemployed persons with social anxiety. Oral presentation at the Society for Social Work and Research. San Diego, CA.

# INVITED PEER-REVIEWED POSTER PRESENTATIONS

- 1. **O'Donnell, L.A.,** Michalak, E., Morton, E., Barnes, S., Poh, C. (June 2023) Establishing a Canadian Roadmap for Bipolar Disorder Psychosocial Research and Care: A CREST.BD & Daymark Foundation Collaboration. Poster Presentation. 25<sup>th</sup> Annual Conference of The International Society for Bipolar Disorders, Chicago, IL.
- O'Donnell, L. A., Boraggina-Ballard, L., Allen, J. L., Szechy, K. A., Miller-Matero, L. R., & Loree, A.M. (January 2023) A Qualitative Investigation on the Impact of Mood and Anxiety Disorders in the Workplace. Poster Presentation. 27th Annual Conference of the Society for Social Work and Research, Phoenix, AZ.
- 3. **O'Donnell, L. A.,** Helmuth, M., Elsiss, F., Szechy, K. A., Kancherla, P., & Loree, A. M. (January 2023). *Gender differences in public attitudes toward bipolar disorder in the workplace*. Poster Presentation. 27th Annual Conference of the Society for Social Work and Research, Phoenix, AZ.
- 4. **O'Donnell, L.A.,** Keys, F., Thomas, S., Wells, K., Love-Schropshire, N., Patterson, D. (January 2023). *Social Determinants of Education and Mental Health Wellness Among Social Work Students within an Urban Setting*. Poster Presentation. 27th Annual Conference of the Society for Social Work and Research, Phoenix, AZ.
- 5. Szechy, K.A., Ramos, P., Bray, M., Wiseman, R., Anderson, A. & **O'Donnell, L.A.** (January 2022). *Preliminary findings from the WSU Supports and Services for Success in Post-Secondary Education Survey*. Poster Presentation. Social Work Student Research Symposium, Detroit, MI.

- 6. Burlaka, V., Gusak, N., Hong, J.S., **O'Donnell, L.A.,** Serdiuk, O. (January 2022). *Internalizing Problems and Involvement with Prosocial and Antisocial Peers: Self-Efficacy as a Mediator*. 2022 Social Work Student Research Symposium
- 7. Scantamburlo, S., **O'Donnell, L.A.** (December 2021). Sex and Perceptions of Bipolar Disorder in the Workplace. Abstract printed in the Journal of the American Academy of Physician Assistants.
- 8. Scantamburlo, S., **O'Donnell, L.A.** (May 2021). *Gender Perceptions of Bipolar Disorder in the Workplace*. Poster presented at the AAPA 2021 Conference.
- 9. Szechy, K., **O'Donnell, L.A.** (March 2020). *Public perceptions of bipolar disorder in the workplace*. 2020 Social Work Student Research Symposium.
- 10. **O'Donnell, L.A.,** Szechy, Kathy. (June 2020). *An Examination of Public Stigma Among Adults with Bipolar Disorder in the Workplace*. 2020 NASW National Conference. Washington D.C.
- 11. **O'Donnell, L.A.**, Axelson, D.A., Miklowitz, D. (September 2016). *Family-Focused Treatment and Quality of Life in Adolescents with Bipolar Disorder: A 2-Year Randomized Trail.* Poster to be presented at the 13<sup>th</sup> Annual Society for Research '
- 12. **O'Donnell, L.A.**, Chun, J., Deveney, C., Langenecker, S., Ryan, K., Kamali, M., McInnis., M.G., Deldin, P.J. (January 2015). *The Influence of Psychosis and Emotional Reactivity on Cognitive Flexibility within Bipolar Disorder*. ePoster presented at the 19<sup>th</sup> Annual Society for Social Work and Research Conference. New Orleans, LA.
- 13. Cardinale R.C., Deldin P.J., Kamali M.M., **O'Donnell L.A.**, Chun J., McInnis M.G. (September 2014). *EEG Correlates of Sleep Quality in Bipolar Disorder*. Poster presented at Society for Research in Psychopathology Annual Meeting, Chicago, IL.
- 14. Mueller, S.A., Tso, I.F., O'Donnell, L.A, McInnis, M.G., Deldin, P.J. (September 2013). Nothing to fear: Event-related Potential Study of the Effects of Emotional Facial Expressions During Eye Gaze Identification in Bipolar Patients. Poster presented at the 27<sup>th</sup> Annual Society for Research in Psychopathology Conference. San Francisco, CA.
- 15. Kamali, M., Chun, J., **O'Donnell, L.A.**, Deldin, P.J., McInnis, M.G. (May 2012). Diminished P300 amplitude in bipolar men with a history of suicide in a visual Go/NoGo event-related potential study. Poster presented at the Conference on New Research Approaches for Mental Health Interventions (NCDEU) sponsored by American Society of Clinical Psychopharmacology. Scottsdale, AZ.
- 16. Chun, J., Karam, Z., **O'Donnell, L.A.**, Kamali, M., Manschreck, T., Deldin, P.J. (October 2012). *Heterogeneity of Bipolar I Disorder: Evidence from computational modeling based on P300 event-related brain potentials (ERPs) from Go/NoGo paradigm*. Poster presented at the 26<sup>th</sup> Annual Society for Research in Psychopathology Conference. Ann Arbor, MI.
- Langenecker, S., Chun, J., Ryan, K., O'Donnell, L.A, McInnis, M., Deldin, P.J. (May 2011). Response inhibition as Endophenotypes in Bipolar I Disorder and stability of test scores using Longitudinal cognitive data. Poster presented at the Association of Psychology & Psychiatry for Adults and Children, 16<sup>th</sup> International Conference. Athens, Greece.
- 18. Chun J, Park J., **O'Donnell L.A**, Kross E, McInnis M., Manschreck T, Deldin P.J. (September 2011). *Association between emotional reactivity over frontal area and cognitive inhibition in bipolar I disorder*. Poster presented at Society

- for Research in Psychopathology annual meeting. Boston, MA.
- 19. Chun J, **O'Donnell L.A.**, Manschreck T., McInnis M., Deldin P.J. (September 2011). *Emotion Modulation in Response Inhibition in Schizophrenia and Bipolar disorder: an ERP study*. Poster presented at the Society for Psychophysiological Research Annual Meeting. Boston, MA.
- 20. O'Donnell, L.A, Chun, J., Harrington, G., Kamali, M., McInnis, M.G., Deldin, P.J. (September 2011). The Influence of Executive Functioning and Emotional Reactivity within Bipolar Disorder. Poster presented at the 25<sup>th</sup> Annual Meeting for the Society for Research in Psychopathology. Boston, MA.
- 21. **O'Donnell, L.A,** Waters, S., Brunwasser, S., McInnis, M. (March 2010). *Campus Mind Works: Helping U-M Students with Psychiatric Disorders to Succeed in College*. Poster presented at The Depression on College Campuses. University of Michigan. Ann Arbor, MI.
- McInnis, M.G., Brucksch, C., Harrington, G., Kamali, M., Langenecker, S.,
   O'Donnell, L.A, Phelps, L., Ribbens-Grimm, C., (June 2009). Heinz C. Prechter Repository. Poster presented at the 8th International Conference on Bipolar Disorder. Pittsburgh, PA.

# INVITED EXTRAMURAL PRESENTATIONS: GUEST LECTURES AND COMMUNITY CONFERENCES

- 1. **O'Donnell, L.A.,** Oldfield, M., Monroe, R. (May 2023). The role of libraries in supporting the next generation of mental health professionals and researchers. Webinar for Academic Libraries and Mental Health Webinar Series by ProQuest.
- 2. Bitterly, B.T., **O'Donnell, L.A.** (April 2023). *Disclosure and Bipolar Disorder* Podcast for #TalkBD LIVE for CREST.BD and University of British Columbia.
- 3. **O'Donnell, L.A.** (February 2023). *Performance stress and anxiety management.* Oral presentation for School of Social Work Licensure Lunch and Learn Series.
- 4. **O'Donnell, L.A.** (March 2022). *Obsessive-Compulsive and Related Disorders*. Oral Presentation for DSM-5 Class at Wayne State University.
- 5. **O'Donnell, L.A.** (February 2021). *Seasonal Affective Disorder*. Oral Zoom Presentation for the Diabetes Education Wellness (D.E.W.) Clinic at Wayne State University.
- 6. **O'Donnell, L.A.** (December 2020). *Predicting Job Success: A 10-Year Longitudinal Analysis of Working Adults with Bipolar Disorder*. Oral Zoom Presentation for the Prechter Bipolar Disorder Research Lab at the University of Michigan.
- 7. Loree, A., **O'Donnell. L.A.,** (October 2020). *Mental Health and Stigma in the Workplace*. Virtual presentation for ABLE Employee Resource Group at Henry Ford Health System.
- 8. **O'Donnell, L.A.** (June 2020). *Work and Bipolar Disorder*. Zoom Webinar for #TalkBD LIVE at the University of British Columbia.
- 9. **O'Donnell, L.A.,** Szechy, K. (April 2020). *Attitudes Towards Working Adults with Bipolar Disorder*. Oral presentation for the Treatment and Innovation Lab at the University of Michigan.
- 10. **O'Donnell. L.A.** (May 2018). *Bipolar Disorder in the Workplace: Predicting Impairments and Innovating Treatment.* Oral Presentation presented at the Research Rounds of University of British Columbia. Vancouver, BC.

- 11. **O'Donnell, L.A.** (May 2018). Family-Focused Therapy for Persons with Bipolar Disorder. Oral presentation for Lunch N Learn at University of British Columbia. Vancouver, BC.
- 12. **O'Donnell, L.A.** (April 2017). *A Family-Focused Approach to Treating Mood Problems in Youth*. Oral presentation at Childhood Mood Disorders: A Community Approach conference, UCLA Semel Institute. Los Angeles, CA.
- 13. **O'Donnell, L.A.** (November 2013). *The Influence of Psychosis on Cognitive Flexibility and Emotional Reactivity within Bipolar Disorder*. Oral presentation for the course, Advanced Laboratory in Psychopathology, University of Michigan, Department of Psychology. Ann Arbor, MI.
- O'Donnell, L.A. (February 2013). Bipolar Disorder. Oral presentation for the course, Mental Disorders Among Adults and the Elderly, University of Michigan, School of Social Work. Ann Arbor, MI.
- 15. **O'Donnell, L.A.** (April 2011). *The Influence of Psychosis on Cognitive Flexibility and Emotional Reactivity within Bipolar Disorder*. Oral presentation for the Department of Psychology, University of Michigan, Brown Bag. Ann Arbor, MI.

### HONORS AND AWARDS

2021 Council on Disability & Persons with Disabilities Manuscript Award CSWE 67<sup>th</sup> Annual Program Meeting

2020 School of Social Work Teaching Award Wayne State University

## **SERVICE**

#### **Editorial Board Service**

Contributing Editor, Manuscript Mentoring for Early-Career Mental Health Professionals, American Journal of Psychotherapy (2021-present)

Contributing Editor, The Trainee's Perspective, American Journal of Psychotherapy (2021-2023)

Editorial Board Member, American Journal of Psychotherapy (2018-present).

# **Community Service**

Core Network Member, The Collaborative RESearch Team to study psychosocial Issues in Bipolar Disorder (CREST.BD). British Columbia. (2018-present).

Board Member, Fresh Start Clubhouse. Ann Arbor, MI. (2012-2013).

# Service to the University

Member, Academic Senate (2021-2023)
Facilities, Support Services and Technology Committee

Member, President's Award for Excellence in Teaching Committee (2020-2021)

# **Service to the Department**

Chair, MSW Committee (2023-2026)

Member, Leadership Council (2023-2026)

Chair, Student Academic Review Committee (Summer 2023)

Member, Student Academic Review Committee (2022-present)

MSW Online Program Committee (2020-2023)

Member, Faculty Hearing Panel (2021-2022)

Member, MSW Committee (2020-2022)

Member, Curriculum Revision Committee (2019-2021)

Member, Curriculum and Instruction Committee (2019-2021)

Member, Curriculum and Instruction Subcommittee: Curriculum Revision Goals (2019-2021)

Member, Budget Committee (2019-2021)

Member, Social Work Clinic Committee (2018-2019)

Judge, Social Work Student Research Symposium (April 2018)

## **Conference Review Service**

Reviewer, Society for Social Work and Research 2022 Doctoral Fellows Awards, SSWR 2022 Conference (2022)

Reviewer, Society for Social Work and Research 2021 Doctoral Fellows Awards, SSWR 2021 Virtual Conference (2021)

Program Committee Member, Association for Behavioral and Cognitive Therapies, 51<sup>st</sup> Annual Convention (2017)

# **TEACHING**

# **Psychology Undergraduate Courses**

Psychology 111-Introduction to Psychology University of Michigan, Department of Psychology (Winter 2015)

Psychology 270 – Introduction to Psychopathology University of Michigan, Department of Psychology (Winter 2014)

Psychology 270 – Introduction to Psychopathology University of Michigan, Department of Psychology (Winter 2013)

Psychology 112- Introduction to Psychology as a Natural Science University of Michigan, Department of Psychology (Fall 2013)

Psychology 112- Introduction to Psychology as a Natural Science University of Michigan, Department of Psychology (Fall 2012)

### **Social Work Graduate Courses**

SW8325 - Cognitive Behavioral Interventions in Social Work (Winter 2023)

SW8315 - Integrative Theories and Practice Approaches for Interpersonal Social Work Practice (Fall 2022)

SW 9210 - Theories for Practice and Research with Individuals (Fall 2021)

SW 8340 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I (Fall 2021)

SW 8350 - Application of Cognitive-Behavioral Theories to Interpersonal Practice (Winter 2021)

SW 8115 - DSM in Clinical Social Work Practice (Winter 2021)

SW 8340 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I (Fall 2020)

SW 8350 - Application of Cognitive-Behavioral Theories to Interpersonal Practice (Winter 2020)

SW 8115 - DSM in Clinical Social Work Practice (Winter 2020)

SW 8340 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I (Fall 2019)

SW 8115 - DSM in Clinical Social Work Practice (Fall 2019)

SW 8350 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I (Winter 2019)

SW 8115 - DSM in Clinical Social Work Practice (Winter 2019)

SW 8340 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I (Fall 2018)

SW 8115 - DSM in Clinical Social Work Practice (Winter 2018)

SW 8115 - DSM in Clinical Social Work Practice (Fall 2017)

#### **Doctoral Dissertation Committees**

Kathy Szechy, Autism, Adulthood, and Employment Challenges: The Double Empathy Problem and Perceptions of an Autistic Employee in the Workplace. Dissertation defended March 3, 2023. Committee Chair.

Danielle Hicks, Social Work, Integrated Treatment for Co-Occurring Disorders among Jail Populations: Treatment Outcomes & Recidivism. Dissertation Defended June 2022. Committee Member.

Lori Vanderwill, Social Work, *Teacher Mental Health: Trauma-Informed Teaching as an Intervention*, Dissertation Defended March 2020. Committee Member.

## **Doctoral Candidacy Substantive Paper Committees**

Sarah Ann Scantamburlo, Connecting the relationship of internalized mental health stigma and mental health literacy. January 2023. Committee Chair.

Kathy Szechy, *Autism and the Transition to Adulthood*, Winter 2021. Committee Chair.

# **Directed Independent Studies**

Kathy Szechy (PhD Student), Mood Lifters Intervention Outcomes for Adults Living with Bipolar Disorders. Fall 2022.

Niku Sharafeddin (MSW Student), ACT and Perinatal Mental Health. Winter 2022.

Kathy Szechy (PhD Student), Learning of advanced statistical modeling techniques for non-independent data. Fall 2020.

# **Curriculum Development**

Contributed to curriculum revisions in the Interpersonal Practice curricular area in the MSW program. I developed one SSW course as part of curriculum revisions "Cognitive-Behavioral Therapy" and revised "DSM-5". Fall 2019-Winter 2021.

Co-developed MSW Online Program. 2020-2023.

Adapted syllabi for all advanced standing clinical courses for online learning. Summer 2020.

# **Academic Advisor**

Academic Advisor and Research Practicum, Sarah Scantamburlo (2020-2023)

Academic Advisor, GRA supervisor, Kathy Szechy (2019-2023)

# Mentoring

Mentor, Emily Farhat (2018-2020)

### PRE-DOCTORAL RESEARCH EXPERIENCE

2014-2015 Graduate Student Research Assistant – A Multi-Site Systems Intervention f or Unemployed Persons with Social Anxiety
NIMH 1R01MH102263-01A1, Total Cost: \$1,743,750

University of Michigan, School of Social Work PIs: Dr. Joseph Himle and Michele Craske

2009-2015 Project Coordinator - Event-Related Brain Potentials and Bipolar Disorder

Prechter Research Fund

University of Michigan, Department of Psychiatry PIs: Dr. Patty Deldin and Dr. Melvin McInnis

2005-2015 Research Social Worker - Bipolar Longitudinal Study

Prechter Research Fund

University of Michigan, Department of Psychiatry

PI: Dr. Melvin McInnis

2008-2012 Doctoral Student Research Assistant—A Systems Level Intervention for

**Unemployed Persons with Social Anxiety Disorder** 

1R34MH083031-01 NIMH, Total Cost \$697, 500 University of Michigan, School of Social Work

PI: Dr. Joseph Himle

2010-2013 Research Clinician- Awareness Enhancement and Monitoring Device for

Trichotillomania – Phase II 2R42MH077362-02 NIMH

University of Michigan, Department of Psychiatry

PI: Dr. Joseph Himle

2005-2006 Research Assistant - Effects of Obsessive-Compulsive Disorder on Memory

University of Michigan, Department of Psychiatry

PI: Dr. Joe Himle

# PRE-DOCTORAL CLINICAL EXPERIENCE

2005-2010 Clinical Social Worker

Department of Psychiatry, University of Michigan

2005 Assessment Specialist

University Psychiatric Center (UPC)

2005 Contingent Social Worker

Adult and Adolescent Day Treatment Department, Adult Inpatient Department,

St. Joseph Mercy Hospital

2004-2005 Social Work Intern

Jewish Family Services

2003-2004 Social Work Intern

St. Joseph Mercy, Huron Oaks: Adolescent Partial Hospitalization Program

# **CERTIFICATIONS**

Diagnostic Training for Early Psychosis (April, 2013) Certified in the administration of the Structured Interview for Prodromal Syndromes (SIPS) and the Scale of Prodromal Symptoms (SOPS)

The Beck Institute for Cognitive Therapy and Research (October, 2006-April, 2007) Certified as a cognitive therapist

Training Institute: Interpersonal and Social Rhythm Therapy for Bipolar Disorder Course Director: Ellen Frank, PhD (April, 2007)

Training in understanding the principles of Interpersonal and Social Rhythm Therapy and the application of this treatment to the bipolar population.

The National Institute for Trauma and Loss in Children (July, 2004) Certified as a Trauma and Loss Specialist

# PROFESSIONAL SOCIETY MEMBERSHIPS

Society for Social Work Research National Association of Social Workers

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