

**Lisa A. O'Donnell, PhD, LMSW**  
**Wayne State University**  
**[lisa.odonnell@wayne.edu](mailto:lisa.odonnell@wayne.edu)**  
**248-417-7421**

## **CURRENT ACADEMIC APPOINTMENT**

2017-present **Assistant Professor**  
Wayne State University  
School of Social Work

## **EDUCATION**

2016 **University of Michigan, Ann Arbor, MI**  
Doctor of Philosophy (Social Work and Clinical Psychology)

2005 **University of Michigan School of Social Work, Ann Arbor, MI**  
Master of Social Work – Interpersonal Practice and Mental Health

1999 **University of Michigan, Ann Arbor, MI**  
Bachelor of Arts in Communications  
Bachelor of Arts in Psychology

## **POST-GRADUATE TRAINING**

2016-2017 **Postdoctoral Scholar**  
**Max Gray Fellowship**  
University of California, Los Angeles  
Children and Adolescents Mood Disorder Program (CHAMP)  
Mentor: Dr. David Miklowitz

## **LICENSURE**

Licensed Master's Social Worker – State of Michigan

## **RESEARCH INTERESTS**

Research interests include the examination of the nature of functional outcomes and quality of life among individuals with mental health conditions, the development and dissemination of culturally appropriate, employment-related interventions for underserved and economically disadvantaged populations, academic and mental health outcomes among social work students.

## **RESEARCH FUNDING**

Externally Funded Research

**Mood Lifters for bipolar disorder: a wellness program to improve psychological and behavioral wellbeing.**

Funding Source: Heinz C. Prechter Bipolar research fund at the University of Michigan.

Role: Co-Principal Investigator (Co-PI – Patricia Deldin)

Total Award: \$15,000

Project Duration: 2021-2023

Internally Funded Research:

**An Investigation of Master's in Social Work Student Success with the Association of Social Work Boards License Exam.**

Funding Source: School of Social Work

Role: Co-Principal Investigator (Co-PI – Lena Borragina-Ballard)

Total Award: \$43,069

Project Duration: 2022-2024

**A Pilot Study Assessing Attitudes Among Professional Stakeholders of a Technology-Delivered Work Intervention called Work Interactions Training for Individuals with Mood and Anxiety Disorders.**

Funding Source: Humanities Center Faculty Fellowship Award.

Role: Principal Investigator

Total Award: \$5,993

Project Duration: 2021-2022

**A Feasibility, Pilot Study: Assessing Attitudes Towards a Work Intervention for Individuals with Mood and Anxiety Disorders. (2019).**

Funding Source: School of Social Work Research Enhancement Program

Role: Principal Investigator

Total Award: \$7500

Project Duration: 2019-2020

**Public Attitudes among Coworkers and Supervisors on Working with Individuals with Bipolar Disorder.**

Funding Source: WSU University Research Grant.

Role: Principal Investigator

Total Amount: \$9959.00

Project Duration: 2018-2020

Scored/Not Funded Federal Grant

**A SIMmersion Work Intervention for Individuals with Mental Illness to Enhance Work Performance and Maintain Employment.**

Funding Source: NIH Small Business Technology Transfer Grant (R41/42).

Role: Co-Principal Investigator (Co-PI - Dale Olsen).

Total Award: \$143,679

Year submitted: 2020

Unfunded Grant

**A SIMmersion Work Intervention for Individuals with Mental Illness to Enhance Work Performance and Maintain Employment.**

Funding Source: NIH Small Business Technology Transfer Grant (R41/42).

Role: Co-Principal Investigator (Co-PI - Dale Olsen).

Total Award: \$149,745

Year submitted: 2020

**PEER-REVIEWED JOURNAL PUBLICATIONS**

1. **O'Donnell, L.A.**, Brydon, D.M, Gonzalez-Prendes, A. (in press). Technological Advances in Cognitive-Behavioral Therapy and Clinical Practice: Challenges in an Evolving Field. *American Journal of Psychotherapy*.
2. Choi, J., Hong, J.S., **O'Donnell, L.A.**, Voisin, D.R. (in press). Bullying Victimization, Future Orientation, and Suicidal Ideation of African American Adolescents: A Moderated-Mediation Approach. *Community Mental Health Journal*.
3. Menkes, M. W., Andrews, C., Suzuki, T., Chun, J., **O'Donnell, L.A.**, Grove, T., Tso, I. F. (in press). Event-related Potential Correlates of Affective Response Inhibition in Bipolar I Disorder: Comparison with Schizophrenia. *Journal of Affective Disorders*.
4. **O'Donnell, L.A.**, Boraggina-Ballard, L., Allen, J.L., Szechy, K.A., Miller-Matero, L.R., Loree, A.M. (2021). A qualitative investigation on the impact of mood and anxiety disorders in the workplace. *Social Work in Mental Health*.
5. **O'Donnell, L.A.**, Szechy, Kathy, Loree, A. (2021). Public Attitudes towards Individuals with Bipolar Disorder in the Workplace. *Social Work in Mental Health*. 19:5, 440-456.
6. Weaver, A., Zhang, A., Landry, C., Hahn, J., McQuown, L., **O'Donnell, L.A.**, Harrington, M.M., Buys, T., Tucker, K.M., Pfeiffer, P., Kilbourne, A., Grogan-Kaylor, A., & Himle, J.A. (2021). Technology-assisted, group-based CBT for rural adults' depression: Open pilot trial results. *Research on Social Work Practice*. <https://doi.org/10.1177/10497315211044835>
7. **O'Donnell, L.A.**, Ellis, A.J., Weintraub, M.J., Axelson, D.A., Kowatch, R.A., Schneck, C.D., Miklowitz, D.J. (2020). A Randomized Trial Comparing the Effects of Two Psychosocial Interventions on Family Functioning in Adolescents with Bipolar Disorder. *Family Process*.
8. Cerny, B.M., Stange, J.P., Kling, L.R., Halmat, E.J., **O'Donnell, L.A.**, Deveney C., & Langenecker, S.A. (2019). Self-reported Affective biases, but not all Affective performance biases, are present in depression remission. *British Journal of Clinical Psychology* 58(3), 274-288.
9. Cardinale R, **O'Donnell L**, Chun J, Park J, Kross E, Kamali M, McInnis M, Deldin P (2018). A Preliminary Study of Central Nervous System Arousal and Sleep Quality in Bipolar Disorder. *Psychopathology* 2018; 51:269-275.
10. **O'Donnell, L.A.**, Ellis, A.J., Van de Loo, M.M., Stange, J.P., Kowatch, R.A., Schneck, C.D., Miklowitz, D.J. (2018). Mood Instability as a Predictor of Clinical and Functional Outcomes in Adolescents with Bipolar I and Bipolar II Disorder. *Journal of Affective Disorders*.
11. Himle, J.A., Bybee, D., **O'Donnell, L. A.**, Weaver, A., Vlnka, S., DeSena, D.T., & Rimer, J.M. (2018). Awareness enhancing and monitoring device plus habit

- reversal in the treatment of trichotillomania: An open feasibility trial. *Journal of Obsessive Compulsive and Related Disorders*, 16, 14-20.
12. Tso, I., Grove, T., Mueller, S., **O'Donnell, L.A.**, Chun, J., McInnis, M., Deldin, P., (2018). Altered N170 and Mood Symptoms in Bipolar Disorder: An Electrophysiological Study of Configural Face Processing. *Bipolar Disorders*
  13. **O'Donnell, L.A.** Axelson, D.A., Schneck, C.D., Kowatch, R.A., Sugar, C.A., Miklowitz, D.J. (September, 2017). Enhancing quality of life among adolescents with bipolar disorder: A randomized trial of two psychosocial interventions. *Journal of Affective Disorders* 219: 201-208.
  14. **O'Donnell, L.A.**, Himle, J., Ryan, K., Grogan-Kaylor, A., McInnis, M.G., Weintraub, J., Kelly, M., Deldin, P. (Fall, 2017). Social Aspects of the Workplace Among Individuals with Bipolar Disorder." *Journal of the Society for Social Work and Research* 8.3: 000-000.
  15. **O'Donnell, L.A.**, Deldin, P., Grogan-Kaylor, A., McInnis, M.G., Weintraub, J., Ryan, K., & Himle, J. (June, 2017). Depression and executive functioning deficits predict poor occupational functioning in a large longitudinal sample with bipolar disorder. *Journal of Affective Disorders* 215: 135-142.
  16. Park, J., Ayduk, Ö., **O'Donnell, L.**, Chun, J., Gruber, J., Kamali, M., McInnis, M., Deldin, P. & Kross, E. (2014). Regulating the High Cognitive and Neural Processes Underlying Positive Emotion Regulation in Bipolar I Disorder. *Clinical Psychological Science*, 2(6), 661-674.
  17. Himle, J.A., Weaver, A., Bybee, D., **O'Donnell, L.A.**, Vlnka, S., Laviolette, W.T., Steinberger, E., Golenberg, Z., & Levine, D.S. (2014). Employment barriers, skills and aspirations among unemployed job-seekers with and without social anxiety. *Psychiatric Services*, 65, 924-930.
  18. Himle, J.A., Bybee, D., Steinberger, E., Laviolette, W.T., Golenberg, Z., Heimberg, R.G., Weaver, A., Vlnka, S., Levine, D.S., & O'Donnell, L.A. (2014). Work-related CBT versus vocational services as usual for unemployed persons with social anxiety disorder: A randomized controlled trial. *Behaviour Research and Therapy*.
  19. Chun, J., Karam, Z., Marzinzik, F., Karam, Z., O'Donnell, L., Tso, I., Manschreck, M., Kamali, M., McInnis, M. & Deldin, P. (2013). Can P300 Distinguish Schizophrenia, Schizoaffective and Bipolar Disorders? An ERP study of Response Inhibition. *Schizophrenia Research*. 151(1-3), 175-184.

## BOOK CHAPTERS

1. **O'Donnell, L.A.** & Miklowitz, D.J. (2020). The Current State of Evidence-Based Psychotherapies for Bipolar Disorder. In Strakowski, S.M., Delbello, M.P., Adler, C.M., Fleck, D.E. (Ed.), *Primer on Bipolar Disorder*, Oxford, UK: Oxford University Press.
2. Miklowitz, D. J. & **O'Donnell, L. A.** (2021). Psychosocial approaches to bipolar disorder. In C. Nemeroff et al (Eds.), *Textbook of Mood Disorders: 2<sup>nd</sup> Ed.* Washington, D.C.: American Psychiatric Association Publishing.

## JOURNAL ARTICLES UNDER REVIEW

1. **O'Donnell, L.A.**, Keys, F., Thomas, S., Wells, K., Love-Schropshire, N., Patterson, D. (under review). Social Determinants of Education and Mental

- Health Wellness Among Social Work Students within an Urban Setting. *Journal of Social Work Education*.
2. **O'Donnell, L.A.**, Szechy, K., E, Farrah., Loree, A. (under review). Gender Differences in Perceptions of Working Adults with Bipolar Disorder. *Social Work in Mental Health*.
  3. **O'Donnell, L.A.**, Helmuth, M., Williams, S., McInnis, M.G, Ryan, K.A. (under review). Predictors of Job Success: A 10-Year Longitudinal Analysis among Adults with Bipolar Disorder. *Journal of Affective Disorders*.
  4. Menzies, C., Votta, C., **O'Donnell, L.**, & Deldin, P. (under review). Efficacy of Mood Lifters for Individuals who Self-Report a Bipolar Diagnosis. *Psychological Services*.
  5. Hong, J.S., Choi, M.J., Wade, R.M., **O'Donnell, L.**, Johns, S., & Brown, C. (under review). Racial and ethnic differences in parenting behaviors as protective factors in adolescent internalizing problems. *Journal of the American Psychiatric Nurses Association*.
  6. Burlaka, V., Serdiuk, O., Hong, J. S., **O'Donnell, L.**, Maksymenko, S., Panok, V., Danylenko, H., Linskiy, I., & Sokurenko, V. (under review). Prosocial and Antisocial Peers, Self-Efficacy, and Internalizing Problems of Ukrainian Children. *Journal of Adolescence*.

#### INVITED PEER-REVIEWED ORAL PRESENTATIONS

1. Szechy, K., **O'Donnell, L.A.** (2021, January). To Disclose or Not to Disclose: Public Perceptions of Bipolar Disorder in the Workplace. Oral Paper presentation at the 2021 Society of Social Work and Research Conference. Virtual Conference.
2. Brydon, D., **O'Donnell, L.A.** (2020, November). Advancing Cognitive Behavioral Therapy (CBT) in Social Work for Diversity, Equity, and Inclusion. Oral paper presentation at the CSWE 66<sup>th</sup> Annual Meeting Program. Virtual Conference.
3. **O'Donnell, L.A.**, Shin, D. Javanbakht, A. (2019, March). Overview of Methods and Preliminary Results. In *Augmented Reality and Telepsychiatry: Bringing Exposure Therapy to Real Life Context - 321R*. Symposium conducted at the Anxiety and Depression Association of America Conference. Chicago, IL.
4. **O'Donnell, L.A.**, Ellis, A.J., Weintraub, M.J., Axelson, D.A., Schneck, C.D., Kowatch, R.A., Sugar, C.A., Miklowitz, D.J. (2019, March). Enhancing Family Functioning and Quality of Life in Adolescents with Bipolar Disorder: A Randomized Trial. In *Randomized Controlled Trials for the Treatment and Prevention of Depressive Disorders: Effects on the Family*. Symposium conducted at the Society for Research in Child Development Conference. Baltimore, MD.
5. **O'Donnell, L.A.**, Axelson, D.A., Schneck, C.D., Kowatch, R.A., Sugar, C.A., Miklowitz, D.J. (2019, January). Enhancing Quality of Life Among Adolescents with Bipolar Disorder: A 2-Year Randomized Trial. Oral presentation at the Society of Social Work and Research Conference. San Francisco, CA.
6. **O'Donnell, L.A.**, Himle, J., Ryan, K., Grogan-Kaylor, A., McInnis, M.G., Weintraub, J., Kelly, M., Deldin, P. (2019, January). Social Aspects of the Workplace Among Individuals with Bipolar Disorder. Oral presentation at the Society of Social Work and Research Conference. San Francisco, CA.

7. Himle, J.A., Weaver, A., Bybee, D., **O'Donnell, L.**, Vlnka, S., Laviolette, W.T., Steinberger, E., Golenberg, Z., & Levine, D.S. (2014, March). A Comparison of Unemployed Job- Seekers with and without Social Anxiety. Oral presentation at the Anxiety and Depression Association of America Annual Conference. Chicago, IL.
8. Levine, D.S., Himle, J.A., **O'Donnell, L.**, & Sellers, R. (2013, April). Racial Identity and Discrimination Matter: Identifying New Predictors of Social Anxiety Disorder Symptoms in a Low Income, African American Sample. Oral presentation at the Anxiety and Depression Association of America Annual Conference. La Jolla, CA.
9. Himle, J., Steinberger, E., Laviolette, W., Golenberg, Z., Vlnka, S., Levine, D., **O'Donnell, L.**, & Bybee, D. (2013, January) Work related cognitive-behavioral therapy for unemployed persons with social anxiety. Oral presentation at the Society for Social Work and Research. San Diego, CA.

### INVITED PEER-REVIEWED POSTER PRESENTATIONS

1. Burlaka, V., Gusak, N., Hong, J.S., **O'Donnell, L.A.**, Serdiuk, O. (2022, January). Internalizing Problems and Involvement with Prosocial and Antisocial Peers: Self-Efficacy as Mediator. 2022 Social Work Student Research Symposium.
2. Scantamburlo, S., **O'Donnell, L.A.** (2021, December). Sex and Perceptions of Bipolar Disorder in the Workplace. Abstract printed in the Journal of the American Academy of Physician Assistants.
3. Scantamburlo, S., **O'Donnell, L.A.** (2021, May). Gender Perceptions of Bipolar Disorder in the Workplace. Poster presented at the AAPA 2021 Conference.
4. Szechy, K., **O'Donnell, L.A.** (2020, March). Public perceptions of bipolar disorder in the workplace. 2020 Social Work Student Research Symposium.
5. **O'Donnell, L.A.**, Szechy, Kathy. (2020, June). An Examination of Public Stigma Among Adults with Bipolar Disorder in the Workplace. 2020 NASW National Conference. Washington D.C.
6. **O'Donnell, L.A.**, Axelson, D.A., Miklowitz, D. (2016, September). Family-Focused Treatment and Quality of Life in Adolescents with Bipolar Disorder: A 2-Year Randomized Trial. Poster to be presented at the 13<sup>th</sup> Annual Society for Research
7. **O'Donnell, L.**, Chun, J., Deveney, C., Langenecker, S., Ryan, K., Kamali, M., McInnis, M.G., Deldin, P.J. (2015, January). The Influence of Psychosis and Emotional Reactivity on Cognitive Flexibility within Bipolar Disorder. ePoster presented at the 19<sup>th</sup> Annual Society for Social Work and Research Conference. New Orleans, LA.
8. Cardinale R.C., Deldin P.J., Kamali M.M., **O'Donnell L.**, Chun J., McInnis M.G. (2014, September). EEG Correlates of Sleep Quality in Bipolar Disorder. Poster presented at Society for Research in Psychopathology Annual Meeting, Chicago, IL.
9. Mueller, S.A., Tso, I.F., **O'Donnell, L.**, McInnis, M.G., Deldin, P.J. (2013, September). Nothing to fear: Event-related Potential Study of the Effects of Emotional Facial Expressions During Eye Gaze Identification in Bipolar Patients. Poster presented at the 27<sup>th</sup> Annual Society for Research in Psychopathology Conference. San Francisco, CA.

10. Kamali, M., Chun, J., **O'Donnell, L.**, Deldin, P.J., McInnis, M.G. (2012, May). Diminished P300 amplitude in bipolar men with a history of suicide in a visual Go/NoGo event-related potential study. Poster presented at the Conference on New Research Approaches for Mental Health Interventions (NCDEU) sponsored by American Society of Clinical Psychopharmacology. Scottsdale, AZ.
11. Chun, J., Karam, Z., **O'Donnell, L.**, Kamali, M., Manschreck, T., Deldin, P.J. (2012, October). Heterogeneity of Bipolar I Disorder: Evidence from computational modeling based on P300 event-related brain potentials (ERPs) from Go/NoGo paradigm. Poster presented at the 26<sup>th</sup> Annual Society for Research in Psychopathology Conference. Ann Arbor, MI.
12. Langenecker, S., Chun, J., Ryan, K., **O'Donnell, L.**, McInnis, M., Deldin, P.J. (2011, May). Response inhibition as Endophenotypes in Bipolar I Disorder and stability of test scores using Longitudinal cognitive data. Poster presented at the Association of Psychology & Psychiatry for Adults and Children, 16<sup>th</sup> International Conference. Athens, Greece.
13. Chun J, Park J., **O'Donnell L.**, Kross E, McInnis M., Manschreck T, Deldin P.J. (2011, September). Association between emotional reactivity over frontal area and cognitive inhibition in bipolar I disorder. Poster presented at Society for Research in Psychopathology annual meeting. Boston, MA.
14. Chun J, **O'Donnell L.**, Manschreck T., McInnis M., Deldin P.J. (2011, September). Emotion Modulation in Response Inhibition in Schizophrenia and Bipolar disorder: an ERP study. Poster presented at the Society for Psychophysiological Research Annual Meeting. Boston, MA.
15. **O'Donnell, L.**, Chun, J., Harrington, G., Kamali, M., McInnis, M.G., Deldin, P.J. (2011, September). The Influence of Executive Functioning and Emotional Reactivity within Bipolar Disorder. Poster presented at the 25<sup>th</sup> Annual Meeting for the Society for Research in Psychopathology. Boston, MA.
16. **O'Donnell, L.**, Waters, S., Brunwasser, S., McInnis, M. (2010, March). Campus MindWorks: Helping U-M Students with Psychiatric Disorders to Succeed in College. Poster presented at The Depression on College Campuses. Ann Arbor, MI.
17. McInnis, M.G., Brucksch, C., Harrington, G., Kamali, M., Langenecker, S., **O'Donnell, L.**, Phelps, L., Ribbens-Grimm, C., (2009, June). Heinz C. Prechter Repository. Poster presented at the 8th International Conference on Bipolar Disorder. Pittsburgh, PA.

#### **INVITED EXTRAMURAL PRESENTATIONS: GUEST LECTURES AND COMMUNITY CONFERENCES**

1. **O'Donnell, L.A.** (2022, March). Obsessive-Compulsive and Related Disorders. Oral Presentation for DSM-5 Class at Wayne State University.
2. **O'Donnell, L.A.** (2021, February). Seasonal Affective Disorder. Oral Zoom Presentation for the Diabetes Education Wellness (D.E.W.) Clinic at Wayne State University.
3. **O'Donnell, L.A.** (2020, December). Predicting Job Success: A 10-Year Longitudinal Analysis of Working Adults with Bipolar Disorder. Oral Zoom Presentation for the Prechter Bipolar Disorder Research Lab at the University of Michigan.



4. Loree, A., **O'Donnell, L.A.**, (2020, October). Mental Health and Stigma in the Workplace. Virtual presentation for ABLE Employee Resource Group at Henry Ford Health System.
5. **O'Donnell, L.A.** (2020, June). Work and Bipolar Disorder. Zoom Webinar for #TalkBD LIVE at the University of British Columbia.
6. **O'Donnell, L.A.**, Szechy, K. (2020, April). Attitudes Towards Working Adults with Bipolar Disorder. Oral presentation for the Treatment and Innovation Lab at the University of Michigan.
7. **O'Donnell, L.A.** (2018, May). Bipolar Disorder in the Workplace: Predicting Impairments and Innovating Treatment. Oral Presentation presented at the Research Rounds of University of British Columbia. Vancouver, BC.
8. **O'Donnell, L.A.** (2018, May). Family-Focused Therapy for Persons with Bipolar Disorder. Oral presentation for Lunch N Learn at University of British Columbia. Vancouver, BC.
9. **O'Donnell, L.A.** (2017, April). A Family-Focused Approach to Treating Mood Problems in Youth. Oral presentation at Childhood Mood Disorders: A Community Approach conference, UCLA Semel Institute. Los Angeles, CA.
10. **O'Donnell, L.A.** (2013, November). The Influence of Psychosis on Cognitive Flexibility and Emotional Reactivity within Bipolar Disorder. Oral presentation for the course, Advanced Laboratory in Psychopathology, University of Michigan, Department of Psychology. Ann Arbor, MI.
11. **O'Donnell, L.A.** (2013, February). Bipolar Disorder. Oral presentation for the course, Mental Disorders Among Adults and the Elderly, University of Michigan, School of Social Work. Ann Arbor, MI.
12. **O'Donnell, L.A.** (2011, April). The Influence of Psychosis on Cognitive Flexibility and Emotional Reactivity within Bipolar Disorder. Oral presentation for the Department of Psychology, University of Michigan, Brown Bag. Ann Arbor, MI.

## **SERVICE**

### **Board and Committee Service**

Contributing Editor, Manuscript Mentoring for Early-Career  
Mental Health Professionals, American Journal of Psychotherapy (2021)

Contributing Editor, The Trainee's Perspective, American Journal of Psychotherapy  
(2021)

Editorial Board Member, American Journal of Psychotherapy (2018-present).

Core Network Member, The Collaborative RESEARCH Team to study psychosocial  
Issues in Bipolar Disorder (CREST.BD). British Columbia. (2018-present).

Board Member, Fresh Start Clubhouse. Ann Arbor, MI. (2012-2013).

### **Service to the University**

Member, Faculty Hearing Panel (2021-2022)



Member, Academic Senate (2021-2022)

Member, President's Award for Excellence in Teaching Committee (2020-2021)

### **Service to the Department**

Member, Curriculum Design Committee (2020-2021)

MSW Online Program Committee (2020-present)

MSW Committee (2020-present)

Member, Curriculum and Instruction Committee (2019-2021)

Member, Curriculum Revision Committee (2019-2021)

Member, Budget Committee (2019-2021)

Member, Social Work Clinic Committee. (2018-2019)

Judge, Social Work Student Research Symposium, April 20, 2018

### **Student Service**

Member, Dissertation Committee, Danielle Hicks (2021-present)

Academic Advisor and Research Practicum Advisor, Sarah Scantamburlo (2020-present)

Academic Advisor, Dissertation Committee Chair, GRA supervisor, Directed Study Instructor, Kathy Szechy (2019-present)

Member, Dissertation Committee, Lori Vanderwall (2019-2020)

Mentor, Emily Farhat (2018-2020)

### **Conference Review Service**

Reviewer, Society for Social Work and Research 2022 Doctoral Fellows Awards, SSWR 2022 Conference.

Reviewer, Society for Social Work and Research 2021 Doctoral Fellows Awards, SSWR 2021 Virtual Conference.

Program Committee Member, Association for Behavioral and Cognitive Therapies, 51<sup>st</sup> Annual Convention, 2017

### **HONORS AND AWARDS**

2021 Council on Disability & Persons with Disabilities Manuscript Award  
CSWE 67<sup>th</sup> Annual Program Meeting

2020 School of Social Work Teaching Award  
Wayne State University

## **TEACHING**

### **Psychology Undergraduate Courses**

Psychology 111-Introduction to Psychology  
University of Michigan, Department of Psychology (Winter, 2015)

Psychology 270 – Introduction to Psychopathology  
University of Michigan, Department of Psychology (Winter, 2014)

Psychology 270 – Introduction to Psychopathology  
University of Michigan, Department of Psychology (Winter, 2013)

Psychology 112- Introduction to Psychology as a Natural Science  
University of Michigan, Department of Psychology (Fall 2013)

Psychology 112- Introduction to Psychology as a Natural Science  
University of Michigan, Department of Psychology (Fall 2012)

### **Social Work Graduate Courses**

SW 9210 - Theories for Practice and Research with Individuals (Fall, 2021)

SW 8340 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I  
(Fall, 2021)

SW 8350 - Application of Cognitive-Behavioral Theories to Interpersonal Practice  
(Winter, 2021)

SW 8115 - DSM in Clinical Social Work Practice (Winter, 2021)

SW 8340 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I  
(Fall, 2020)

SW 8350 - Application of Cognitive-Behavioral Theories to Interpersonal Practice  
(Winter, 2020)

SW 8115 - DSM in Clinical Social Work Practice (Winter, 2020)

SW 8340 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I  
(Fall, 2019)

SW 8115 - DSM in Clinical Social Work Practice (Fall, 2019)

SW 8350 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I

(Winter, 2019)

SW 8115 - DSM in Clinical Social Work Practice (Winter, 2019)

SW 8340 - Application of Cognitive-Behavioral Theories to Interpersonal Practice I  
(Fall, 2018)

SW 8115 - DSM in Clinical Social Work Practice (Winter, 2018)

SW 8115 - DSM in Clinical Social Work Practice (Fall, 2017)

### **PRE-DOCTORAL RESEARCH EXPERIENCE**

- 2014-2015      **Graduate Student Research Assistant – A Multi-Site Systems Intervention for Unemployed Persons with Social Anxiety**  
NIMH 1R01MH102263-01A1, Total Cost: \$1, 743,750  
University of Michigan, School of Social Work  
PIs: Dr. Joseph Himle and Michele Craske
- 2009-2015      **Project Coordinator - Event-Related Brain Potentials and Bipolar Disorder**  
Prechter Research Fund  
University of Michigan, Department of Psychiatry  
PIs: Dr. Patty Deldin and Dr. Melvin McInnis
- 2005-2015      **Research Social Worker - Bipolar Longitudinal Study**  
Prechter Research Fund  
University of Michigan, Department of Psychiatry  
PI: Dr. Melvin McInnis
- 2008-2012      **Doctoral Student Research Assistant—A Systems Level Intervention for Unemployed Persons with Social Anxiety Disorder**  
1R34MH083031-01 NIMH, Total Cost \$697, 500  
University of Michigan, School of Social Work  
PI: Dr. Joseph Himle
- 2010-2013      **Research Clinician- Awareness Enhancement and Monitoring Device for Trichotillomania – Phase II**  
2R42MH077362-02 NIMH  
University of Michigan, Department of Psychiatry  
PI: Dr. Joseph Himle
- 2005-2006      **Research Assistant - Effects of Obsessive-Compulsive Disorder on Memory**  
University of Michigan, Department of Psychiatry  
PI: Dr. Joe Himle

### **PRE-DOCTORAL CLINICAL EXPERIENCE**

- 2005-2008      **Clinical Social Worker**

Department of Psychiatry, University of Michigan

- 2005            **Assessment Specialist**  
University Psychiatric Center (UPC)
- 2005            **Contingent Social Worker**  
Adult and Adolescent Day Treatment Department, Adult Inpatient Department,  
St. Joseph Mercy Hospital
- 2004-2005      **Social Work Intern**  
Jewish Family Services
- 2003-2004      **Social Work Intern**  
St. Joseph Mercy, Huron Oaks: Adolescent Partial Hospitalization Program

## **CERTIFICATIONS**

### **Diagnostic Training for Early Psychosis (April, 2013)**

Certified in the administration of the Structured Interview for Prodromal Syndromes (SIPS) and the Scale of Prodromal Symptoms (SOPS)

### **The Beck Institute for Cognitive Therapy and Research (October, 2006-April, 2007)**

Certified as a cognitive therapist

### **Training Institute: Interpersonal and Social Rhythm Therapy for Bipolar Disorder Course Director: Ellen Frank, PhD (April, 2007)**

Training in understanding the principles of Interpersonal and Social Rhythm Therapy and the application of this treatment to the bipolar population.

### **The National Institute for Trauma and Loss in Children (July, 2004)**

Certified as a Trauma and Loss Specialist

Last Updated: 07/12/22