



Free Interprofessional Motivational Interviewing Modules

This series of free videos is designed to help health professions students to:

- Identify uses of Motivational Interviewing for behavior change.
- Understand Motivational Interviewing spirit as a foundation for patient-provider interactions.
- Describe and practice Motivational Interviewing technical skills.

To access the modules, click on the link below:

<https://miahec.wayne.edu/programs/healthprofessionals/ipe>

For more information: call 313-577-0437 or contact ab1623@wayne.edu



MICHIGAN AREA HEALTH
EDUCATION CENTER

A program of Wayne State University

Facilitator:

Nikki Cockern, Ph.D. is a Clinical Psychologist, specializing in the care of youth and young adults with chronic diseases at Wayne State University/Children's Hospital of Michigan. She uses Motivational Interviewing in her clinical practice with youth to address health behaviors related to medication adherence, substance use, mental illness, coping and risk reduction. She actively leads staff training sessions in various community and state agencies. She also provides training and supervision of medical and psychology residents, other health care professionals and community health workers in the area of Motivational Interviewing.

