



# 5th Annual VIRTUAL Mental Health Awareness Week Walk



Complete your 1 mile Walk  
*anytime - anywhere*

between

February 12 - 24, 2021

Walkers will be entered  
to win 1 of 10 -  
\$50 digital gift cards  
provided by  
NAMI Detroit



Mental Health  
Awareness Week  
Roundtable Event  
Thursday,  
February 25, 2021  
12 pm on Zoom

## IT'S AS EASY AS 1, 2, 3!

1

Register for the  
February 25th event  
and/or Virtual Walk  
via [Get Involved](#)

2

Complete the Walk from  
home, take a photo and  
post to social media using  
#wsuMHAW

3

Visit the [W Pantry](#) to make  
a suggested \$5 donation.  
Donations are not  
required to participate.

For questions contact Patricia Dixon at 313-577-3398 or [PatriciaDixon@wayne.edu](mailto:PatriciaDixon@wayne.edu)  
or Shantalea Johns at 313-577- 4409 or [shantalea@wayne.edu](mailto:shantalea@wayne.edu)

