Licensed social workers who are in their licensure renewal cycle are required to obtain **45 hours of continuing education during their three year renewal cycle** in order to renew their license. Five hours must be in Ethics and one must be in Pain Management.

Wayne State University’s School of Social Work is proud to present programs that practitioners can use to develop new skills or strengthen existing skills. Earn social work continuing education contact hours (CE) by attending any of the programs listed in this brochure.

### School of Social Work Continuing Education Programs
Michigan Social Work CE—Collaborative Approved

#### WSU OAKLAND CENTER

**Friday, March 27, 2009**
- Ethical and Legal Issues in Social Work Supervision (5.0 CE Hours)
- Developing Your Leadership Skills (3.0 CE Hours)

**Saturday, March 28, 2009**
- The Path of Anger (6.0 CE Hours)
- Integrating New Approaches to Substance Abuse Treatment (6.0 CE Hours)
- Psychotherapy with Older Adults (6.0 CE Hours)
- Conflict Resolution Strategies for Social Work Practice (6.0 CE Hours)

#### WSU MACOMB CENTER

**Friday, April 3, 2009**
- Integrative Couple Therapy (6.0 CE Hours)
- Ethical Issues in Private Practice (5.0 CE Hours)
- Clinical Supervision in Social Work: Knowledge and Skills in Challenging Times (6.0 CE Hours)

#### WSU MAIN CAMPUS

**Saturday, April 4, 2009**
- Strategies to Address Complex Organizational Issues (6.0 CE Hours)
- An Introduction to Social Work With Children (3.0 CE Hours)
- Partner Violence (3.0 CE Hours)
- Assessment of Complicated Grief (3.0 CE Hours)
- Resilience in Youth (6.0 CE Hours)
- Contemporary Trends in Clinical Supervision (6.0 CE Hours)
FRIDAY, MARCH 27, 2009 – WSU OAKLAND CENTER

Ethical and Legal Issues in Social Work Supervision – 9:00 a.m. – 3:00 p.m. (5.0 CE Hours)
This workshop will introduce attendees to both the legal and ethical dimensions important to providing social work supervision. The potential risks and liabilities, both ethical and legal, will be addressed along with recommendations to minimize risks. Ethical and legal issues related to professional boundaries, confidentiality and competence will be covered. Participants will become acquainted with the sections of the NASW Code of Ethics and the Social Work License Law (P.A. 61 of 2004) that affect social work supervision. This workshop is appropriate for all levels of social work practice.

Instructor: Addie Williams, MSW, JD is the CEO of Spaulding for Children. She has substantial experience in social work administration and expertise in the area of child welfare. She also maintains a law practice and serves as a consulting attorney to area agencies regarding foster care and adoption issues. She teaches a course on social work and the law at the WSU School of Social Work and conducts workshops on social work ethics and the law.

Developing Your Leadership Skills – 1:15 p.m. – 4:30 p.m. (3.0 CE Hours)
Organizations are only as strong as the people who lead and manage them, whether they are a nonprofit organization or a for-profit company. There is nothing more critical to an organization’s success than the development of its leaders, especially today as nonprofits are continually challenged to identify strategies that improve organizational stability. Leaders are needed at all levels of nonprofit organizations. To be an effective leader, it is critical to know yourself, your leadership style and strategies to lead. This workshop is designed for formal and informal leaders who want to develop effective leadership styles and take their leadership to a higher level. This workshop will address the differences in leadership and management, clarify the personal and social skills necessary for effective leadership and identify a range of leadership styles and their efficacy. This workshop is appropriate for intermediate and advanced social work practitioners.

Instructor: Deanna McGraw, MSW, LMSW, ACSW is president of Detroit Executive Corps and adjunct professor at Lawrence Technological University. She has 25 years experience in program development, fund development, grant writing and agency operations. She is Board Chair of the Executive Service Corps Affiliate Network.

SATURDAY, MARCH 28, 2009 – WSU OAKLAND CENTER

The Path of Anger: A Cognitive-Behavioral Approach to Conceptualize and Treat Anger Problems – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours)
The metaphor of a path suggests that anger is the emotional outcome of a series of themes and cognitions that lead the client through the path of negative emotions into the realm of anger, and eventually to the experience of unhealthy or “toxic” anger. This workshop will present key issues in the cognitive-behavioral, CBT, conceptualization and treatment of anger problems. The workshop will review available research in order to assess evidence of the effectiveness of the CBT treatment of anger, as well as gender differences in the experience and expression of anger. The workshop will present a cognitive-theory model to conceptualize anger that identifies common schemas that underscore anger. Key CBT strategies for building a therapeutic alliance and providing effective treatment of anger problems will be discussed. This workshop is appropriate for intermediate and advanced social work practitioners.

Instructor: Antonio Gonzalez-Prendes, MSW, LMSW, PhD is an Assistant Professor at the WSU School of Social Work. Prior to this, he practiced social work in community mental health and outpatient clinic settings. He teaches courses in CBT and substance abuse treatment. His research interests include treatment of anger and anger management. He maintains a part-time clinical practice.

Psychotherapy with Older Adults – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours) NEW
Social work practice with older adults requires a sound understanding of the developmental trajectory of individuals in this life stage and familiarity with the most effective treatment approaches. This workshop will provide an overview of this last stage of development, highlighting the writings of Erickson. It will review CBT, Psychodynamic and the IPT models of treatment and treatment in home, office or community living setting. This workshop is appropriate for all levels of social work practice.

Instructor: Suzanne Rodgers, LMSW has substantial experience in work with older adults, along with twenty years experience providing social work services to children, adults and families. She has completed both the child and adult psychoanalytic psychotherapy educational programs at the Michigan Psychoanalytic Institute where she co-leads a seminar on psychotherapy with older adults.

CONTINUING EDUCATION CERTIFICATE IN CLINICAL SUPERVISION
The WSU School of Social Work offers a Continuing Education Certificate in Clinical Supervision for social workers who wish to develop their knowledge and skill as providers of clinical supervision. Three continuing education courses comprise the certificate: Ethical and Legal Issues in Social Work Supervision (March 27), Clinical Supervision in Social Work (April 3) and Contemporary Trends in Clinical Supervision (April 4). Note: If you have already taken some of these courses and are only registering for one or two to complete certification, please let us know during registration.
**SATURDAY, MARCH 28, 2009 – WSU OAKLAND CENTER**

**Integrating New Approaches to Substance Abuse Treatment** – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours*)

*One hour of this workshop meets the requirement for Pain Management continuing education.*

Co-occurring disorders, motivational enhancement, pain management and recovery management are four developments in substance abuse treatment which significantly alter the recommended approach. Many people have attended workshops on these concepts; however, program structure, mandated clientele and practitioner comfort level make their implementation inconsistent, at best. One purpose of this workshop is to look at ways to integrate these concepts into everyday practice. Whether or not these trends can be integrated into a comprehensive model will be discussed. It will also be considered whether a new paradigm for substance abuse treatment is emerging. This will require an understanding of harm reduction, an approach highly discouraged in this country. The presenters will look at ways in which a modified version of harm reduction is present in some of these approaches. The best use of the workshop is for people with some understanding of these concepts.

**Instructors:** Dennis Muzzi, LMSW and Tammy Domroese, PsyD

They have worked in behavioral health for many years, including with impaired health professionals of Eastwood Clinic - Eastpointe site for almost five years. This program works with health professionals with addiction challenges for at least two, and sometimes four or five, years. This long-term perspective has provided the presenters a unique view of recovery over time. The population also includes a large number of health professionals who struggle with chronic pain, some as a result of their work. The presenters have used this to begin a chronic pain support and therapy group; the results of which they will share at this workshop.

**Ergonomic Analysis for Work Settings** – 9:00 a.m. – 3:00 p.m. (5.0 CE Hours*)

This workshop will examine the ergonomic analysis for work settings. The presenters will review how to perform ergonomic analysis, the relationship of ergonomic analysis to injury prevention, and how to form a plan of action for ergonomic risks in work settings.

**Instructor:** Michael L. Torrance, LSW

**FRIDAY, APRIL 3, 2009 – WSU MACOMB CENTER**

**Integrative Couple Therapy** – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours)

A three-hour Pain Management workshop is scheduled to be offered on Friday, March 27 (Oakland Center) and Saturday, April 4 (Main Campus) and is currently awaiting approval. If you are interested in taking this workshop, please call 313-577-4449 or send an email to ExecEd@wayne.edu to request more information.

**NEW**

This workshop will provide an integrative approach to the assessment and treatment of relational problems frequently presented by couples in therapy. Attendees will be introduced to a systematic method for evaluating the type of intervention that may be the most useful at various stages of couple therapy as well as interventions aimed at differing levels of conflict and dysfunction. The workshop will expose attendees to techniques aimed at altering behavioral, affective and unconscious/intrapsychic dynamics that contribute to problematic couple relationships. This workshop is appropriate for intermediate and advanced social work practitioners.

**Instructor:** David Castine, LMSW, LMFT

**NEW**

This workshop will explore a number of conflict resolution concepts, strategies, theories and processes. Social psychology, communication and social work literature will be presented and used as a framework to analyze conflicts and initiate appropriate interventions to a conflict situation in a range of social work practice settings. This workshop is appropriate for all levels of social work practice.

**Instructor:** Pauline Everette, MSW, PhD

This workshop is appropriate for intermediate and advanced social work practitioners.

**Ethical Issues in Private Practice** – 9:00 a.m. – 3:00 p.m. (5.0 CE Hours)

The private practice of social work, outside the auspices of a traditional social work setting, presents unique ethical challenges and professional issues. This workshop will examine a number of these, including competence, confidentiality, high-risk client groups, the role of supervision/consultation, record-keeping and marketing. A panel format will be used to facilitate interaction between presenters and attendees. The workshop is appropriate for intermediate and advanced social work practitioners.

**Panelists:**

Peggy O’Kane Brunhofer, MSW, LMFT, PhD is an Assistant Clinical Professor at the WSU School of Social Work. She has 25 years of experience as a social work practitioner and 20 years as a social work educator. She currently functions as the Director of Continuing Education at the School and teaches elective courses in Grief and Loss and Social Work Ethics. She maintains a part-time clinical practice.

Cynthia Sweier, MSW, LMSW is a part-time faculty member at the WSU School of Social Work, teaching courses in Human Behavior and Diversity. She has extensive practice experience in a range of social work settings and currently maintains a private psychotherapy practice, working with adults, couples and families.

**Clinical Supervision in Social Work:** Knowledge and Skills in Challenging Times – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours)

Clinical supervision requires unique skills and knowledge beyond treatment expertise. Skills include competence evaluation, responsible use of authority, goal contracting and mentoring. Utilization of constructive feedback, parallel process and the appropriate use of self are also needed. Supervisors are expected to provide support, expertise in practice knowledge, and intervention and help in the development of professional boundaries. This workshop will include discussion of the role, functions and methods of social work supervision, and provide opportunities to apply these concepts to one’s own setting. Other essential competencies needed to effectively supervise in today’s resource-reduced, human service and behavioral health environment will also be included. This workshop is appropriate for intermediate and advanced social work practitioners.

**Instructor:** Dennis Muzzi, LMSW, CAC-1

He has practiced family-based social work for more than 25 years. He trained as a family therapist and specializes in the treatment of child abuse and neglect, domestic violence, substance abuse and offender populations. He has substantial experience in agency-based supervision. Mr. Muzzi is currently a part-time faculty member at the WSU School of Social Work. He also works with the Health Professional Recovery Program at Eastwood Clinic and provides divorce mediation.
Strategies to Address Complex Organizational Issues – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours)

Social work administration requires specialized knowledge and skill. The purpose of this workshop is to examine commonly occurring administrative/management/supervisory challenges and provide participants the opportunity to address these. Team building, persuasiveness, “picking battles,” use of consultation, and recruiting and retaining qualified staff are topics which will be covered. This workshop is appropriate for all levels of social work practice.

Instructor: Angela Kennedy, LMSW is an experienced social work administrator, having run a number of large social welfare agencies in the metropolitan area. She is a part-time faculty member at the WSU School of Social Work, teaching courses on macro practice. She has received numerous awards and commendations for her professional activities at the local, regional and state levels.

An Introduction to Social Work with Children – 9:00 a.m. – 12:15 p.m. (3.0 CE Hours)

This introductory workshop is designed for practitioners who are considering expanding their practice skills to include work with children ages 5-12. The focus of this workshop will be to provide social work clinicians with an overview of the knowledge and skills necessary to work with children. Participants will learn about the normal development of children ages 5-12 and the most common mental health problems they face. This includes Attention Deficit Disorder, poor school performance and depression. Interventions based on evidence-based practice, including behavior contracts and play therapy, will be presented. The idea of the therapist as a parent coach will be explored, including teaching families realistic expectations of children and using positive reinforcement vs. punishment. Participants will become aware of the importance of a positive relationship with the child’s school and how, by supporting the child’s “work environment,” their client will begin to be more successful. Finally, participants will gain an understanding of school-based services, including the basics of special education services in the schools. This workshop is appropriate for intermediate and advanced social work practitioners.

Instructor: Karen Weiner, LMSW, ACSW, C-SSWS has been a school social worker for more than 32 years, working at all grade levels. Ms. Weiner has created innovative delivery systems and programs to meet the needs of students, parents and school staff. As a field instructor, she has trained more than 60 school social work interns and also provides private consultation. Ms. Weiner is a part-time faculty member at the WSU School of Social Work, working as a faculty advisor and teaching several courses including school social work.

Partner Violence: Patterns of Help-Seeking and Help-Giving in Adults and Adolescents – 9:00 a.m. – 12:15 p.m. (3.0 CE Hours)

Partner violence is a significant social problem, frequently seen in social work practice settings. This workshop will inform attendees about current research findings on help-seeking and help-giving for adult and teen survivors of partner violence. The presenter will share research findings from her own and that of others. Based on these findings, the workshop will discuss recommendations for practice interventions with survivors.

Instructor: Arlene N. Weisz, MSW, LMSW, ACSW, PhD is an Associate Professor at the WSU School of Social Work. She has taught courses in family violence and substance abuse theory and practice, and currently teaches family systems theory and intervention. She has 14 years’ post-master’s clinical experience and has worked with individuals and families in inpatient and outpatient mental health and child welfare settings. Her research focuses primarily on domestic violence, teen dating violence and sexual assault prevention.

Assessment of Complicated Grief – 1:15 p.m. – 4:30 p.m. (3.0 CE Hours)

Complicated grief reactions result when individuals deny, avoid or repress the pain associated with a loss or the reality of the loss. Social work practitioners often see individuals who are experiencing complicated grief, but present with depressive and/or anxiety symptomatology that appears unrelated to any identifiable loss. The loss experience that resulted in the grief reaction may then go unrecognized and untreated in the therapy. This workshop will present a framework for assessing factors that contribute to the likelihood of a complicated grief reaction. A person-situation perspective will be used to identify risk factors for complicated grief reactions and to identify the real and symbolic dimensions of a loss. Clinical material will be provided to apply the assessment framework. This workshop is appropriate for intermediate and advanced social work practitioners.

Instructor: Peggy O’Kane Brunhofer, MSW, LMFT, PhD (See Ethical Issues in Private Practice, April 3, for instructor bio.)

Resilience in Youth – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours)

This workshop will examine concepts and current research that address resilience in youths and interventions that promote resilience. It will consider factors that contribute to resilience, reasons why some youths are more resilient and able to overcome adversity than others, and why some youths thrive in, not just survive, adversity. Topics will include the connection between resilience and coping, recovery and the presence of protective factors, risks to resilience and promoters of resilience. This workshop is appropriate for intermediate and advanced social work practitioners.

Instructor: Arveta Grady-Fletcher, MSW, LMSW has more than 25 years experience as a social work practitioner. She has worked in mental health and school settings, functioned as a part-time faculty member at the WSU School of Social Work and given numerous professional training programs during the course of her career. Ms. Grady-Fletcher specializes in the area of social work intervention with at-risk youth and their families.

Contemporary Trends in Clinical Supervision – 9:00 a.m. – 4:30 p.m. (6.0 CE Hours)

This workshop will provide a comprehensive model for social work supervision, with an integration of the systems-interactional-developmental-relational components. The application of attachment theory and the impact of transference-countertransference on the supervisory relationship will be included. Supervision as a triadic system (client-supervisee-supervisor), relational and intersubjective contributions to supervision and the unique aspects of supervising professionals new to the field will be included. Clinical examples and opportunities for application to supervisory experience will be included throughout the day.

Instructor: Anne Brantley Segall, LMSW has extensive experience as a social work practitioner in health and mental health settings. She has provided consultation on clinical practice to a number of social work agencies in the metropolitan area. She is currently the curricula consultant to the Virtual Center for Excellence at The Guidance Center. She sits on the boards of state and national social work associations and is involved in developing recommendations for social work supervision for the Association of Social Work Boards.
Three Locations:

**WSU Oakland Center**
33737 West 12 Mile, Farmington Hills

**WSU Macomb Center**
44575 Garfield, Clinton Township

**WSU McGregor Memorial Conference Center (Main Campus)**
495 West Ferry Mall, Detroit

### Cost:

$149 per full-day workshop  
$89 per half-day workshop

(Includes workshop tuition, continental breakfast and CE certificate)

### Register soon!

Deadlines for registration are one week prior to the program date.

If you need to cancel, please call our office at least two weeks before the workshop. Cancellations made after that time are subject to the full fee.

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**REGISTRATION FORM**  
(Please copy for multiple registrants)

Name ____________________________________________

Address __________________________________________

City __________________ State __________ Zip ________

Phone (daytime) __________________________________

E-mail __________________________________________

Social Work State License # ________________________

TOTAL FEE $ __________________________

Method of payment: ______ Visa ______ MasterCard

__________________________________________  Exp. Date

Credit card #

Signature of Card Holder 3-Digit # back of card

_____ Check: Please make checks payable to Wayne State University.

*Confirmation and a map with parking instructions will be sent to you after we receive your registration and payment.*

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### How to Register:

- **By phone:** (313) 577-4665
- **By fax:** (313) 577-4354
- **By mail:**
  Wayne State University  
  Executive & Professional Development  
  5229 Cass, 240 Rands Annex  
  Detroit MI 48202

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### Multiple Registration Discount

Register for 3 or more workshops and receive $20 off per workshop!  
Register 3 or more people from your organization and receive $20 off per workshop!  
(All must register at the same time.)

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### For more information, go to our website

[www.socialwork.wayne.edu](http://www.socialwork.wayne.edu)

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**WSU OAKLAND CENTER, FRIDAY, MARCH 27**
- Ethical and Legal Issues in Social Work Supervision
- Developing Your Leadership Skills*

**WSU OAKLAND CENTER, SATURDAY, MARCH 28**
- The Path of Anger
- Integrating New Approaches to Substance Abuse Treatment
- Psychotherapy with Older Adults
- Conflict Resolution Strategies for Social Work Practice

**WSU MACOMB CENTER, FRIDAY, APRIL 3**
- Integrative Couple Therapy
- Ethical Issues in Private Practice
- Clinical Supervision in Social Work: Knowledge and Skills in Challenging Times

**WSU MAIN CAMPUS, SATURDAY, APRIL 4**
- Strategies to Address Complex Organizational Issues
- An Introduction to Social Work with Children*
- Partner Violence: Patterns of Help-Seeking and Help-Giving in Adults and Adolescents*
- Assessment of Complicated Grief*
- Resilience in Youth
- Contemporary Trends in Clinical Supervision

*1/2 Day Workshop
The Wayne State University School of Social Work is pleased to present a range of educational programs for the working practitioner. All programs are accredited by the Michigan Social Work Continuing Education Collaborative. Programs include:

- An Introduction to Social Work with Children
- Assessment of Complicated Grief
- Clinical Supervision in Social Work
- Conflict Resolution Strategies for Social Work Practice
- Contemporary Trends in Clinical Supervision
- Developing Your Leadership Skills
- Ethical and Legal Issues in Social Work Supervision
- Ethical Issues in Private Practice
- Integrating New Approaches to Substance Abuse Treatment
- Integrative Couple Therapy
- Partner Violence
- The Path of Anger
- Psychotherapy with Older Adults
- Resilience in Youth
- Strategies to Address Complex Organizational Issues

The mission of the Wayne State University School of Social Work is to transmit, develop, critically examine, and apply knowledge to advanced social work practice and social welfare policy in order to promote social, cultural and economic justice for the betterment of poor, vulnerable, and oppressed individuals, families, groups, communities, organizations, and society.

www.socialwork.wayne.edu  (313) 577-4429
A Cognitive-Behavioral Approach to Pain Management (3.0 CE Hours)
*Michigan Social Work CE - Collaborative Approved*

This workshop will address methods to treat clients who present with pain management concerns. Compensatory strategies, including distraction or other focus, imagery, relaxation, breathing, cognitive restructuring, problem solving, stop thought and replacement, down arrow to core beliefs, competence and pleasure procedures, resiliency reinforcement, and exercise, will be presented. Professional collaboration issues and relapse prevention also will be covered.

**Instructor: Kathleen Ransome, LMSW, ACSW, LMFT, ACT** is a skilled clinician with an extensive background in providing individual and group psychotherapy. She has a special interest in the treatment of women, mood disorders, co-existing medical conditions, and grief and loss issues. She has presented at conferences on the cognitive behavioral group treatment of depression. Currently, she serves as program coordinator, Behavioral Health, Henry Ford Health System.

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**REGISTRATION FORM**
(Please copy for multiple registrants)

Name _______________________________________________
Address _______________________________________________
City _____________________ State __________ Zip _________
Phone (daytime) _______________________________________
E-mail _______________________________________________
Social Work State License # ______________________________

TOTAL FEE $ _______________________________________

Method of payment:    ____ Visa    ____ MasterCard
___________________________   _____________
Credit card #                                                            Exp. Date
___________________________     ________________
Signature of Card Holder  3-digit # back of card
____ Check: Please make payable to Wayne State University.

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**DATES AND LOCATIONS**

☐ **WSU OAKLAND CENTER**
   Friday, March 27, 2009
   9:00 a.m. - 12:15 p.m.

☐ **WSU MAIN CAMPUS**
   Saturday, April 4, 2009
   1:15 p.m. - 4:30 p.m.

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**HOW TO REGISTER**

📞 By phone: (313) 577-4665

fax: (313) 577-4354

✉ By mail:
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5229 Cass, 240 Rands Annex
Detroit MI 48202

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*Confirmation and a map with parking instructions will be sent to you after we receive your registration and payment.*